

Fitness Centre

Women's Only Gym (KNA 17) & Sensory Friendly Gym (KNB 190)

Spring 2025 Schedule

May 2025					
M	T	W	Th	F	
			1	2	
5	6	7	8	9	
12	13	14	15	16	
19	20	21	22	23	
26	27	28	29	30	
May 19 - STAT: Victoria Day					

June 2025					
M	T	W	Th	F	
2	3	4	5	6	
9	10	11	12	13	
16	17	18	19	20	
23	24	25	26	27	
30					

No Women's Only Gym or Sensory Friendly Gym during July and August.

LEGEND

Women's Only Gym (KNA 17): Mondays 1:00-3:00pm and Fridays 12:00-2:00pm
Sensory Friendly Gym (KNB 190): Mondays 3:00-5:00pm and Fridays 2:00-4:00pm

**Schedule is subject to change without notice*