

### UCalgary Gymnastics Coach – Main Campus

The UCalgary Gymnastics Centre hires qualified and enthusiastic coaches to teach a variety of recreational gymnastics programs for children of all ages and abilities. Programs include preschool gymnastics, beginner to advanced artistic, trampoline and tumbling and parkour disciplines, recreational developmental, adaptive, and adult recreation and fitness options. Coaches may choose to work one or multiple days a week during a session. Our sessions follow the University semesters, each session ranges from 8-14 weeks in length.

We pride ourselves on teaching proper techniques safely while creating a fun, supportive environment. As a gymnastics coach, you will help participants develop both technical gymnastics skills while also helping participants build confidence, resilience, and teamwork skills.

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#### Position Information

**Shifts:** Evening and weekend availability for coaching is a must

**Dates:** Sessional by season (Fall, Winter, Spring, Summer Camps)

**Hours:** Part-time, 3–20 hours per week

**Rate of Pay:** \$15–\$27.00 per hour based on qualifications & experience

**Location:** University of Calgary – Main Campus, Active Living

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#### UCalgary Gymnastics Coach Responsibilities include but are not limited to:

1. Coaching gymnastics classes in a safe, fun, and technical manner
2. Preparing lesson plans for classes ages 6+ using the provided curriculum and skill progressions tailoring to meet individual needs
3. Implementing provided lesson plans for preschool-aged programs, with flexibility to adjust based on participant needs
4. Listening and addressing participant or parent questions or concerns
5. Communicating regularly with the onsite supervisor or coordinator
6. Informing participants of special notices or events
7. Ensuring class lists are accurate and attendance is taken
8. Ensuring the training area is safe and functioning appropriately
9. Being accountable for equipment and its return
10. Demonstrating professionalism and adhering to all policies and procedures
11. Administering First Aid/CPR as needed and reporting all incidents

12. Participating in coaching development opportunities as they arise

*A comprehensive curriculum, including skills and progressions for all recreation levels, is provided for coaches to use when planning lessons for participants ages 6 and up.*

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### **Qualifications**

1. Minimum NCCP Gymnastics Foundations (Artistic or Trampoline—trained or certified)
  2. Standard First Aid with CPR Level C
  3. Criminal Record and Vulnerable Sector Check (required)
  4. Strong understanding of gymnastics safety principles
  5. Ability to assess and coach participants with encouragement and appropriate progressions
  6. Excellent communication, organization, and time-management skills
  7. Passion for working with children of various ages and abilities
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### **To Apply**

Please enquire with any questions or submit your cover letter and resume addressed to Deb Munro - [gymnast@ucalgary.ca](mailto:gymnast@ucalgary.ca).