



UNIVERSITY OF  
CALGARY

# WORK WITH US

## ACTIVE LIVING

2500 University Drive NW  
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### UCalgary Preschool/Recreational Gymnastics Coach

#### Main Campus

Are you an energetic, self-motivated individual seeking a fun and challenging opportunity working with children and/or adults who loves Gymnastics? If so, you may be just the person we're looking for!

University of Calgary Gymnastics Coaches works very closely with the programmers and are responsible for ensuring the programs are taught according to the extremely high standards established by the University of Calgary. All lesson plans and set-ups will be provided to coaches. Coaches can choose to coach one or more days a week for up to a 12 week session.

The UCalgary Gymnastics Centre sets the standard for progressive motor-skill development by providing children of all abilities with a foundation of confidence through non-competitive, circuit-based gymnastics programs. These programs are revamped each session (Fall, Winter, Spring) based upon coaches' feedback. Coaches are able to be flexible within the lesson plans in order to challenge each individual participant to excel.

#### Why is the UCalgary Gymnastics Centre a great place to work?

- Keep fit as you work
- Competitive compensation
- Fun, high energy work environment
- Flexible Schedule
- Access to other UCalgary Active Living programs
- Paid First Aid/CPR training
- Located close to transit
- Long weekends and holidays off
- Work with professionals and professors from around campus
- Be part of a variety of programs – Artistic Gymnastics, Rhythmic Gymnastics, Adaptive Gymnastics and Performance Team Gymnastics

#### Position Information

**Shifts:** Coaching opportunities   Sundays 5:30 – 8:40pm  
  Monday – Fridays 9am – 1:30pm  
  Wednesdays 4:30 – 8pm  
  Saturdays 8am – 6:00pm

**Dates:** Sessional by season (Fall, Winter, Spring)

**Rate of Pay:** \$15-\$27.00 based on qualifications & experience

**Location:** University of Calgary – Main Campus

**NCCP Coach Responsibilities include but not limited to:**

1. Coaching gymnastic classes in a safe, fun, technical manner
2. Listening and addressing participant or parent questions or concerns
3. Communicate to onsite supervisor or coordinator regularly
4. Informing participants of special notices or events
5. Ensuring class lists are accurate and attendance is taken
6. Ensuring circuit area is safe and functioning as required
7. Executing professionalism, and adhering to policies and procedures
8. Administer simple and small athletic first aid needs (Ice packs, Band-Aids, Tensor bandages) and reporting all incidents

**Qualifications:**

1. Minimum of NCCP Foundations Trained in Artistic or Trampoline
2. Must love working with children or adults (adult programming Sundays)
3. Strong understanding of safety and how it relates to gymnastics
4. Ability to assess a gymnast and provide technical development & encouragement
5. Organization and time management skills
6. First-aid/CPR training
7. Excellent communications skills

**To apply:**

Please send resume and cover letter to [gymnast@ucalgary.ca](mailto:gymnast@ucalgary.ca)