

Fitness Centre

Women's Only Gym (KNA 17) & Sensory Friendly Gym (KNB 190) Fall 2025 Schedule

September 2025				
M	T	W	Th	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30			

October 2025				
M	T	W	Th	F
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31

Oct 13: Thanksgiving Day - University closed

November 2025				
M	T	W	Th	F
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28

Nov 9 -15: Term Break

December 2025				
M	T	W	Th	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30	31		

LEGEND

Women's Only Gym (KNA 17): Available from 2:00-4:00pm

& Sensory Friendly Gym (KNB 190): Mondays from 3:00-5:00pm and Wednesdays from 3:45-5:45pm

Women's Only Gym (KNA 17): Available from 2:00-3:00pm

& Sensory Friendly Gym (KNB 190): Available from 3:00-5:00pm

Women's Only Gym (KNA 17): NOT AVAILABLE

Sensory Friendly Gym (KNB 190): Available from 3:45-5:45pm

Women's Only Gym & Sensory Friendly Gym NOT AVAILABLE: University Closed

*Schedule is subject to change without notice