

2020 UNIVERSITY
OF CALGARY

SUMMER CAMPS



U of C SUMMER CAMPS

Summer camp is an exciting time for kids to discover, explore and play. The creativity at camp can expand their minds — from when they're little, reaching far into their teenage years. They can come enjoy their favourite activities, learn a few new ones and make memories to last a lifetime.

Helpful tips

- Look through the guide with your child – there may be a new camp that is perfect for them!
- Choose a camp that your child is interested in – they will learn more and be more engaged.
- Try something new! We have so many unique camps with activities your kids might not have tried. They could find a new passion!

The university experience

At the University of Calgary, we have 16 different camps that offer more than 70 diverse and unique programs designed with your kids in mind. From sports to science, the arts to the great outdoors, we have a summer camp for everyone. University of Calgary Summer Camps are the perfect way to introduce your child to the campus, our different program areas and the university experience. Our instructors are specialized in their fields and passionate about what they teach. From varsity coaches to student teachers, our staff love what they do!



Illustrations by Twyla Dawn Yacyshyn

BY TYPE OF CAMP:

This guide is divided into the following sections:

Minds in Motion4

These camps make science and engineering come alive! Girls-only science camps are also offered.

Mini University 6

Whether your child enjoys sports, the performing arts, science, art or building with LEGO®, we offer camps for everyone in your family!

Adapted Sport9

This camp is centred around giving campers with physical disabilities the opportunity to explore various adapted sport, recreation and leisure activities.

Dinos Sports10

The best coaching available to your young athlete, with an emphasis on individual skill development.

Outdoor Camps 12

Go outside and play! Our skilled camp leaders from the Calgary Outdoor Centre introduce your kids to a variety of fun outdoor adventures.

Youth Triathlon.....16

Trained coaches teach young athletes proper swimming, biking and running techniques.

Geography.....17

Find out why geography is so much more than maps. Get outside for a geocaching adventure, sample tree core, and get creative with our steam dynamics simulations.

Vet Camp17

Get hands-on experience working with live animals, showcasing the variety in a veterinarian's day!

Racquet Camps17

Swing, toss, serve, swerve, run and have fun on the court this summer! Learn proper technique and tricks of the trade.

Cochrane Gymnastics Camps ... 18

Kids will flip for these exciting camps! Build strong basic skills in our gym at the Spray Lake Sawmills Recreation Centre in Cochrane.

Aquatic Camps19

Dive into our Red Cross Summer Series and spend a week training to be a Lifeguard, Assistant Lifeguard, Babysitter or Swimming Instructor. And don't forget to get your fin on with Mermaid University.

Design Camp20

Budding builders and young city planners can explore architecture in this design camp led by graduate students in the School of Architecture, Planning and Landscape. Join us on main campus or at our downtown location.

Physics Camps.....21

Learn about astronomy, mechanics, electricity and magnetism and discover the wonders of physics.

Business Camp.....21

Budding entrepreneurs can learn how to handle money wisely and turn their interests into a business idea.

Figure Skating21

Spin, spiral and jump your way to success with on-ice sessions at the Olympic Oval.

Director's Cut22

Kids get the *reel* experience of making their own movies and stop-motion films.

TEEN CAMPS.....23

Check Page 23 for a full list of the teen camp selection charts divided by week, and youths camps divided by grade.

YOUTH CAMPS.....24

Check Page 24 for a full list of youth camp selection charts divided by week.



UNIVERSITY OF CALGARY
FACULTY OF KINESIOLOGY

HOW TO REGISTER

Online

Visit ucalgary.ca/camps and select the grade your child is entering. Try narrowing your results by selecting the camp type.

You will receive e-mail confirmation of the registration and a receipt.

Telephone

Registration line (403) 220-7749.

In Person

Visit Kinesiology Client Services located in the Kinesiology Complex – KNA104 – at the University of Calgary. Open 7 days a week.

Please check website for specific hours: ucalgary.ca/activeliving.

Instagram

Follow us: @UCalgaryActive

Special Needs

Please note that the University of Calgary will attempt to accommodate any campers with special needs; however, given our limited resources, the university is not in a position to absorb the additional costs, if any, associated with this accommodation. Any camper requiring accommodation should notify the camp coordinator well in advance with any special needs request.

All Prices exclude GST

Thanks to our partner!



Before and After Camp Care

Before Care and After Care programs are available to parents requiring supervised care for their child prior to sign in (8:30 am) or after sign out (4:30 pm). Campers will have the opportunity to participate in a variety of supervised activities including, soccer, floor hockey, basketball, free play, arts & crafts, reading, or watching a movie on the big screen! Before and After Care is available to campers registered in: Mini University, Outdoor Camp, Minds in Motion, Dinos Camp, Director's Cut, Design Camp, Physics Camps, Business Camp, Geography Camp and Racquet Camp.

To register, please call Client Services at (403) 220-7749 or register online at ucalgary.ca/camps.

Before Care - Red Gym

| | | | |
|-------|--|---|------|
| 4 DAY | July 7-10, 14-17, 21-24 July 28-31 Aug 11-14, 18-21, 25-28 | Tuesday - Friday 7:30 am - 8:30 am | \$20 |
| 3 DAY | Aug 5-7 | Wednesday - Friday 7:30 am - 8:30 am | \$15 |

After Care - Red Gym

| | | | |
|-------|--|---------------------------------------|------|
| 5 DAY | July 6-10, 13-17, 20-24 July 27-31 Aug 10-14, 17-21, 24-28 | Monday - Friday 4:30 pm - 5:30 pm | \$25 |
| 4 DAY | Aug 4-7 | Tuesday - Friday 4:30 pm - 5:30 pm | \$20 |

* 4 day is due to Heritage Day on August 3

Please note: There is no Before Care on the first day of camp as first day sign in is run during this time. Before Care is only available for two week camps on Monday July 13, 27, and August 10.

FAQ'S

When is check-in on the first day of camp?

Check-in begins at 8:15 a.m. on the first day for most camps. Please check your camp registration confirmation to be certain. We will not be able to check-in your child before that time. For the rest of the week, please see your registration confirmation for pick-up and drop-off times/window, as this may vary between camps.

What if I am late to drop off my child?

If you are late, please take your child to Kinesiology Client Services. Client Services will contact the coordinator of your camp and have a camp leader come pick up your child.

What if I am late to pick up my child?

Any children not picked up by the end of their camp will be taken to After Care and can be picked up in the Red Gym.

Do I need to sign my child in and out each day?

Yes. It is important for your child's safety that you make sure to sign them in and out every day. If another person is going to pick up your child, please inform the leader of this on the first day. They will take note of anyone else permitted to sign out your child.

Do you provide Before and After Care?

Before and After Care is available for most of our camps. Check your camp registration confirmation to be certain. There is no Before Care available on the first (check-in) day of camp. Register online, by phone (403-220-7749) or in person at Kinesiology Client Services.

Is lunch provided?

Please pack your child a nutritious lunch and snacks, as they will be active and need to keep fuelled! Please note that campers will not be permitted to use vending machines during camp. Boxed lunches are available for purchase for some camps; please check your registration confirmation to find out. Please do not order boxed lunches on field trip days, as they are not able to be delivered. To order a boxed lunch for your camper, please visit: ucalgary.catertrax.com

Is parking included?

A PDF parking pass will be emailed to you in your course confirmation after registering. The pass is valid in Lot 10 and 11 for 20 minutes when you drop off and pick up your child, for the duration of your camp. Simply print the pass and place it on your dash. A map of appropriate parking locations is attached to your parking pass.

Are camps tax deductible?

Yes, the University of Calgary camps qualify as a deductible child-care expense. Keep your receipt/registration confirmation to claim on your income tax return.

Is an informed consent & medical information form required?

All University of Calgary camps and programs require an informed consent and completed medical information form. These forms must be filled out for every camp – even if the child is registered in multiple programs over the summer. You may be asked to complete this form at the time of an online registration, or follow the detailed directions that are outlined on your registration confirmation. Completing the medical and informed consent forms online in advance of the program will speed up your first day check-in process.

MINDS IN MOTION

No camps scheduled on August 3 (Heritage Day)

BUILD INVENT EXPERIMENT

Come put your mind in motion! Have fun this summer in week-long camps that are designed to foster an excitement about the fascinating worlds of science, technology, engineering and mathematics (STEM). Small groups and life-changing experiences will thrill campers from Grades 1 to 9. Registration includes a stellar Minds in Motion t-shirt, access to amazing STEM tools and inspiring instructors!

Please note that activities are subject to change and are presented as examples only.

Grade refers to the grade your child is entering in the fall. All Minds in Motion camps will have a family and friends 'Psyched about Science' event on Friday afternoon to work on a project with their child.

Provided by Active Living and Schulich School of Engineering.

Early Minds Camps

Start discovering science in everything around you! Dissect owl pellets, build simple machines, glimpse back in time as you uncover the mystery of the dinosaurs and have fun learning about chemical reactions and electrical circuits. Campers will explore and investigate the exciting world of STEM through games, stories and experiments.

GRADES 1-2

| | | | |
|-------|--|---------------------------------------|-------|
| 5 DAY | July 6-10, 13-17, 20-24, July 27-31 Aug 10-14, 17-21, 24-28 | Monday - Friday 8:30 am - 4:30 pm | \$295 |
| 4 DAY | Aug 4-7 | Tuesday - Friday 8:30 am - 4:30 pm | \$265 |

Energy Engineering Camps

How can you power a city's homes and vehicles using only clean energy? This fun-filled week will have you investigating how scientists and engineers are using technology to produce different forms of renewable energy, such as hydro, wind, thermal and solar power. Campers will use this knowledge to design and build their own energy-efficient city through hands-on activities and group challenges. Get those circuits firing as you build, design and power a metropolis!

GRADES 3-4

| | | | |
|-------|--------------------------------|--------------------------------------|-------|
| 5 DAY | July 13-17, 27-31 Aug 10-14 | Monday - Friday 8:30 am - 4:30 pm | \$300 |
|-------|--------------------------------|--------------------------------------|-------|

GRADES 5-6

| | | | |
|-------|------------------|--------------------------------------|-------|
| 5 DAY | July 6-10, 20-24 | Monday - Friday 8:30 am - 4:30 pm | \$300 |
|-------|------------------|--------------------------------------|-------|

GRADES 7-9

| | | | |
|-------|---------|--------------------------------------|-------|
| 4 DAY | Aug 4-7 | Monday - Friday 8:30 am - 4:30 pm | \$265 |
|-------|---------|--------------------------------------|-------|

Engineering 101 Camps

Come be an engineer! Spend a week learning about the design process, the exciting opportunities in engineering and experiencing what engineers do at the University of Calgary. From concept generation to prototype development, campers will learn to work collaboratively using creativity in exploring and solving problems that can make a difference in the world. Get your thinking cap out and become a scientific mind in engineering!

GRADES 3-4

| | | | |
|-------|-------------------------------|---------------------------------------|-------|
| 5 DAY | July 6-10 Aug 17-21, 24-28 | Monday - Friday 8:30 am - 4:30 pm | \$310 |
| 4 DAY | Aug 4-7 | Tuesday - Friday 8:30 am - 4:30 pm | \$275 |

GRADES 5-6

| | | | |
|-------|--------------------------------|--------------------------------------|-------|
| 5 DAY | July 13-17, 27-31 Aug 10-14 | Monday - Friday 8:30 am - 4:30 pm | \$310 |
|-------|--------------------------------|--------------------------------------|-------|

GRADES 7-9

| | | | |
|-------|------------|--------------------------------------|-------|
| 5 DAY | July 20-24 | Monday - Friday 8:30 am - 4:30 pm | \$310 |
|-------|------------|--------------------------------------|-------|

NEW!

Engscape Room Camps

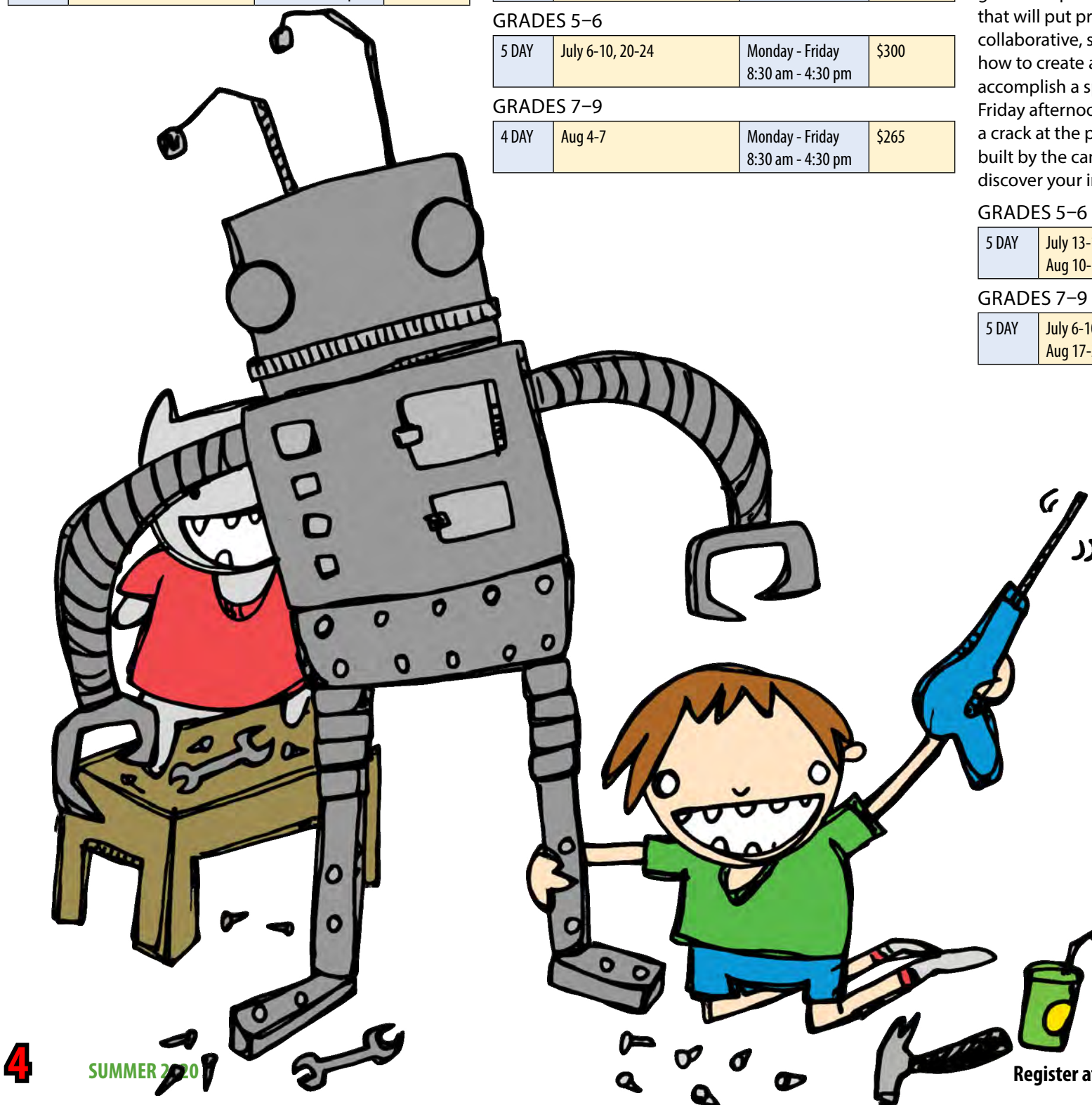
Has your child begun to outgrow puzzles and is ready to unlock the next level? Escape into an immersive adventure game camp full of puzzles, clues, riddles and mystery that will put problem solving skills to the test. In this collaborative, strategy-based camp, campers will learn how to create and solve a series of puzzles in order to accomplish a specific goal in a limited amount of time. On Friday afternoon, family and friends will be invited to take a crack at the puzzles in a real engineered escape room built by the campers. Join us at Engscape Room camp and discover your inner code breaker!

GRADES 5-6

| | | | |
|-------|-------------------------|--------------------------------------|-------|
| 5 DAY | July 13-17 Aug 10-14 | Monday - Friday 8:30 am - 4:30 pm | \$300 |
|-------|-------------------------|--------------------------------------|-------|

GRADES 7-9

| | | | |
|-------|-------------------------------|--------------------------------------|-------|
| 5 DAY | July 6-10, 27-31 Aug 17-21 | Monday - Friday 8:30 am - 4:30 pm | \$300 |
|-------|-------------------------------|--------------------------------------|-------|



MINDS IN MOTION

No camps scheduled on August 3 (Heritage Day)

Girls Applied Science and Engineering Camps

Calling all girls — Come put your scientific mind in motion! From the elements below us to the world above, get a chance to combine your creativity with technical skills in this jam-packed week of investigating scientific concepts and applying the engineering design process through exciting hands-on activities and challenges. From building a Lego Mindstorms robot to performing a dissection, this camp will take you on an exploration of the wonderful world of STEM.

GRADES 3-4

| | | | |
|-------|-------------------------|--------------------------------------|-------|
| 5 DAY | July 6-10, 13-17, 27-31 | Monday - Friday 8:30 am - 4:30 pm | \$300 |
|-------|-------------------------|--------------------------------------|-------|

GRADES 5-6

| | | | |
|-------|-------------------------|---------------------------------------|-------|
| 5 DAY | July 20-24 Aug 17-21 | Monday - Friday 8:30 am - 4:30 pm | \$300 |
| 4 DAY | Aug 4-7 | Tuesday - Friday 8:30 am - 4:30 pm | \$265 |

GRADES 7-9

| | | | |
|-------|-----------|--------------------------------------|-------|
| 5 DAY | Aug 10-14 | Monday - Friday 8:30 am - 4:30 pm | \$300 |
|-------|-----------|--------------------------------------|-------|

Girls Technology Camps

Calling all girls who just can't get enough tech! Spend a week learning about computer engineering and electronics through inventive solutions and exploration of computer software programs, circuit designs, robotics and application to real-life scenarios. Improve your problem solving skills in this super fun environment full of hands-on activities and challenges! Bring your imagination and innovation for a quest into the world of tech and gadgets that will leave you charged-up for more!

GRADES 3-4

| | | | |
|-------|-------------------------|--------------------------------------|-------|
| 5 DAY | July 27-31 Aug 17-21 | Monday - Friday 8:30 am - 4:30 pm | \$300 |
|-------|-------------------------|--------------------------------------|-------|

GRADES 5-6

| | | | |
|-------|-----------|---------------------------------------|-------|
| 5 DAY | Aug 20-24 | Monday - Friday 8:30 am - 4:30 pm | \$300 |
| 4 DAY | Aug 4-7 | Tuesday - Friday 8:30 am - 4:30 pm | \$265 |

GRADES 7-9

| | | | |
|-------|-----------|--------------------------------------|-------|
| 4 DAY | July 6-10 | Monday - Friday 8:30 am - 4:30 pm | \$265 |
|-------|-----------|--------------------------------------|-------|

Natural Sciences Camps

Investigate the world around you through an exploration of the natural sciences. Learn about chemical reactions, do a dissection, extract DNA, and unravel the mystery beyond the lens of a microscope. Embark on a scientific adventure through hands-on activities and group challenges. Put on your lab coats and get ready for some fun!

GRADES 3-4

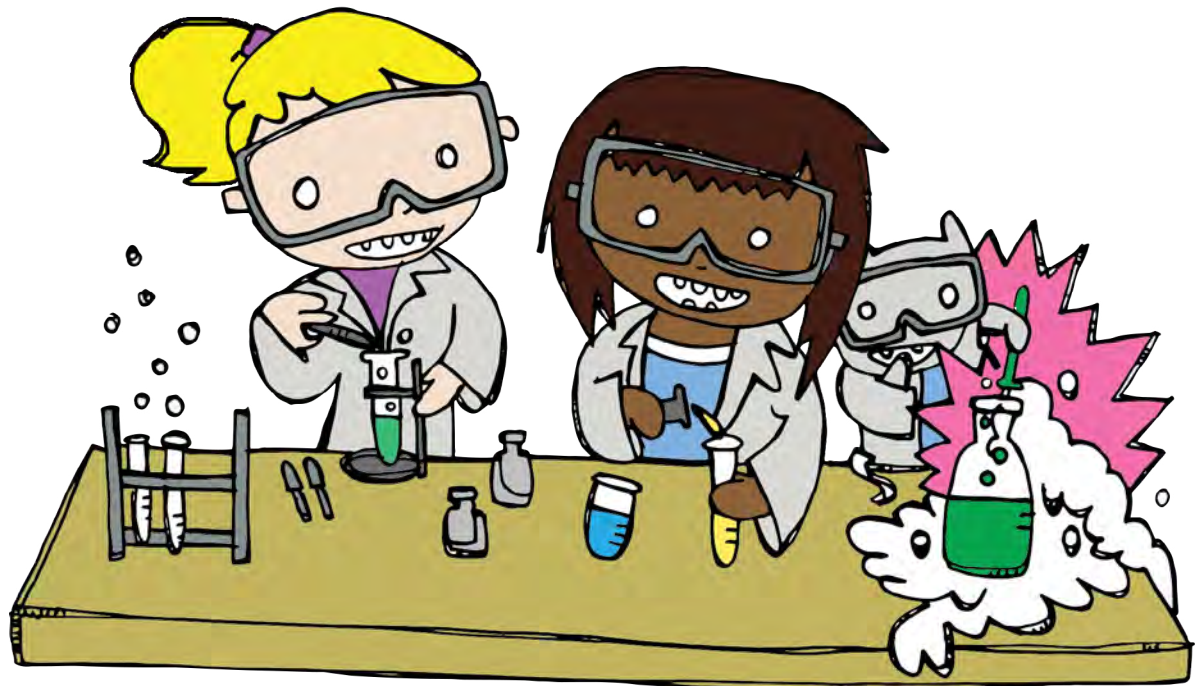
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|-------|-------------------------|---------------------------------------|-------|
| 5 DAY | July 20-24 Aug 17-21 | Monday - Friday 8:30 am - 4:30 pm | \$300 |
| 4 DAY | Aug 4-7 | Tuesday - Friday 8:30 am - 4:30 pm | \$265 |

GRADES 5-6

| | | | |
|-------|--------------------------------------|--------------------------------------|-------|
| 5 DAY | July 6-10, 27-31 Aug 10-14, 24-28 | Monday - Friday 8:30 am - 4:30 pm | \$300 |
|-------|--------------------------------------|--------------------------------------|-------|

GRADES 7-9

| | | | |
|-------|------------|--------------------------------------|-------|
| 5 DAY | July 13-17 | Monday - Friday 8:30 am - 4:30 pm | \$300 |
|-------|------------|--------------------------------------|-------|



Technology Camps

Just can't get enough tech? Learn about computer engineering and electronics through robotics, programming, circuitry, game-making, and website design in this super-fun environment full of hands-on activities and challenges! Plug in for a quest into the world of tech and gadgets that will leave you charged-up for more.

GRADES 3-4

| | | | |
|-------|-------------------------------|---------------------------------------|-------|
| 5 DAY | July 6-10, 20-24 Aug 10-14 | Monday - Friday 8:30 am - 4:30 pm | \$310 |
| 4 DAY | Aug 4-7 | Tuesday - Friday 8:30 am - 4:30 pm | \$275 |

GRADES 5-6

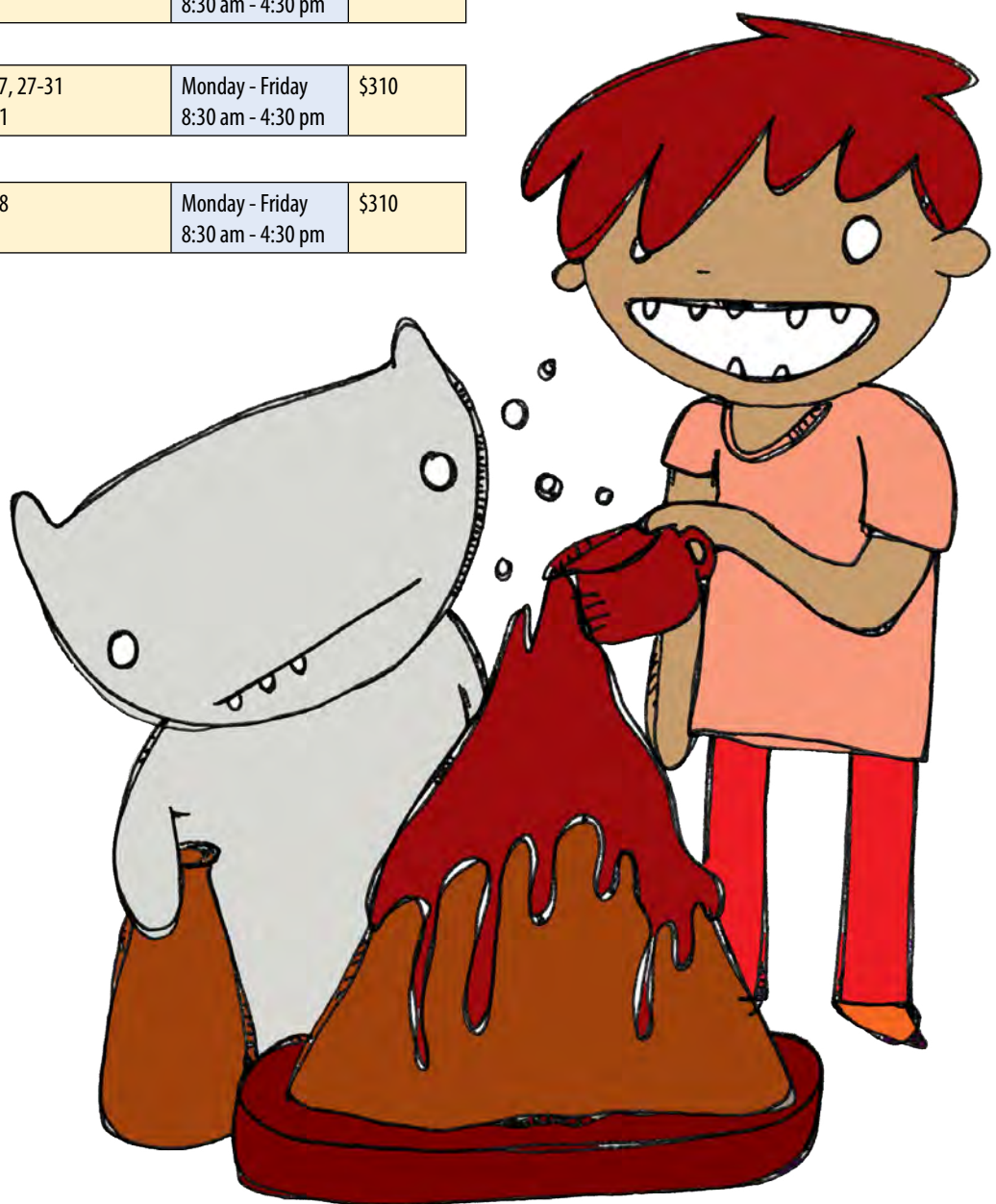
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|-------|--------------------------------|--------------------------------------|-------|
| 5 DAY | July 13-17, 27-31 Aug 17-21 | Monday - Friday 8:30 am - 4:30 pm | \$310 |
|-------|--------------------------------|--------------------------------------|-------|

GRADES 7-9

| | | | |
|-------|-----------|--------------------------------------|-------|
| 5 DAY | Aug 24-28 | Monday - Friday 8:30 am - 4:30 pm | \$310 |
|-------|-----------|--------------------------------------|-------|

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Youth · STEM · Innovation



MINI UNIVERSITY

No camps scheduled on August 3 (Heritage Day)

DISCOVER EXPLORE CREATE PLAY

We are excited to offer your family over a dozen fun and educational camps designed for children that are anywhere between Kindergarten and Grade 12. Every camp is scheduled with a variety of activities and hands-on projects that are taught by our specialized instructors. At Mini U we work year round to plan camp experiences that incorporate a wide variety of indoor and outdoor physical activities in order to promote a healthy, active lifestyle for all of our campers. Whether your child enjoys *LEGO®, dance, music, art, medicine, fencing, golf, martial arts, science, sports and games, or a bit of everything, we have a camp that they will love!

Please note that activities are subject to change and are presented as examples only.

To withdraw or transfer a \$25 fee applies. No refunds or transfers are offered on or after 14 days before the course start date.

Active Gamers

Get in the game and get moving this summer! At our cutting-edge active gaming camp, campers will play the hottest new motion control games for Xbox One Kinect® and Wii U® gaming systems. We offer gamers the opportunity to play new and classic strategy games with other campers in a non-competitive and encouraging environment. This camp also includes an education component; all of the kids learn about classic video game elements and drag-and-drop programming using rapid game development apps. Also, did we mention that the Active Gamers get a field trip to play laser tag and a trip the university's Virtual Reality Lab? It's a lot of fun! Throughout the day we keep campers moving with a wide variety of physical activities such as swimming, and games.

ENTERING GRADES 2-3

| | | | |
|-------|-------------------------|--------------------------------------|-------|
| 5 DAY | July 20-24 Aug 10-14 | Monday - Friday 8:30 am - 4:30 pm | \$315 |
|-------|-------------------------|--------------------------------------|-------|

ENTERING GRADES 4-5

| | | | |
|-------|--------------------------------------|--------------------------------------|-------|
| 5 DAY | July 6-10, 27-31 Aug 17-21, 24-28 | Monday - Friday 8:30 am - 4:30 pm | \$315 |
|-------|--------------------------------------|--------------------------------------|-------|

ENTERING GRADES 6-8

| | | | |
|-------|------------|---------------------------------------|-------|
| 5 DAY | July 13-17 | Monday - Friday 8:30 am - 4:30 pm | \$315 |
| 4 DAY | Aug 4-7 | Tuesday - Friday 8:30 am - 4:30 pm | \$275 |

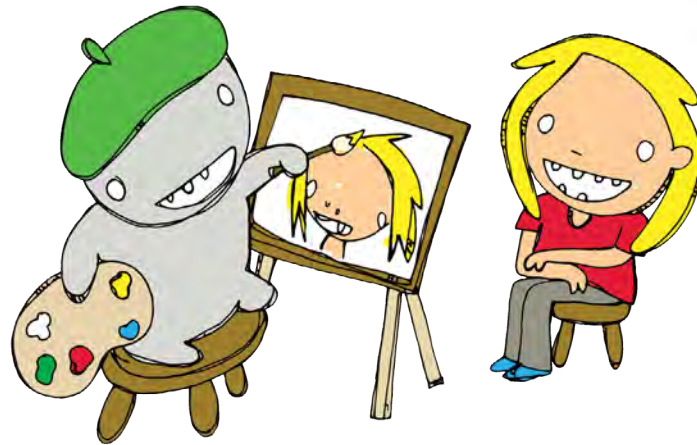
Xbox One Kinect® and Wii U® are registered trademarks, which do not sponsor, authorize or endorse this program.

Broadway Bound

Bravo! Encore! Our performing arts camp returns this summer for your rising star! At our exciting two-week camp, young performers will practise and expand on their dancing, singing and acting skills in a supportive and encouraging environment. Our backstage instructor will teach campers about makeup, set and prop design. On the last day of camp, our future stars will stage a final performance that family and friends are invited to attend. Campers will also attend two acting workshops and get to see a performance put on by Wagonstage, a local theatre group. Each day is balanced with a wide variety of physical activities such as swimming, gymnastics, and games.

ENTERING GRADES 2-8

| | | | |
|--------|------------------|---------------------------------------|-------|
| 10 DAY | July 6-17, 20-31 | Monday - Friday 8:30 am - 4:30 pm | \$475 |
| 9 DAY | Aug 4-14 | Tuesday - Friday 8:30 am - 4:30 pm | \$420 |



NEW! Comic Book Creators

This camp is for teens who want to learn how to write and draw their own comics! Our comic art instructors and guest writing instructors will share their creative process to help you develop your own. They will walk you through the steps of creating a comic from conception to actualization and everything in between including: collaborating, brainstorming, sketching, drawing, designing and production. You'll have an opportunity to express yourself through narrative art in a safe and supportive environment. Participants will also get to go swimming and do a variety of games and physical activities throughout the week.

ENTERING GRADES 5-7

| | | | |
|-------|-----------|--------------------------------------|-------|
| 5 DAY | Aug 10-14 | Monday - Friday 8:30 am - 4:30 pm | \$295 |
|-------|-----------|--------------------------------------|-------|

ENTERING GRADES 7-12

| | | | |
|-------|---------|---------------------------------------|-------|
| 4 DAY | Aug 4-7 | Tuesday - Friday 8:30 am - 4:30 pm | \$295 |
|-------|---------|---------------------------------------|-------|

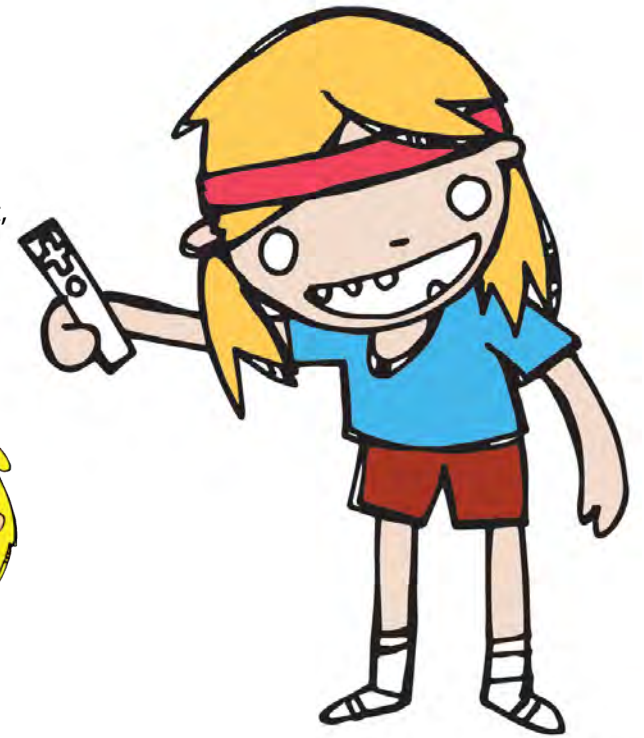
Kinder Kamp A & B

Ready, Set, Play! This is a full-day camp designed for kids who are about to take the first big leap into Kindergarten. The little Kinders will enjoy art activities, storytelling, games and fun lessons inspired by our other Mini University camps. This year our Kampers will be venturing out on a field trip of their own to Hide 'n' Seek indoor playground. Each day is balanced with a wide variety of indoor and outdoor physical activities that support a healthy, active lifestyle, such as gymnastics, dance, sports and games.

Please note: Kinder Kamp A and B are taught by different instructors with different lesson plans, so campers can have a new experience if they register for multiple weeks. Kinder Kamp A is not a prerequisite for Kinder Kamp B so you can register in either one.

ENTERING KINDERGARTEN

| | | | |
|-------|---|---------------------------------------|-------|
| 5 DAY | July 6-10, 13-17, 20-24, July 27-31 Aug 10-14, 17-21, 24-28 | Monday - Friday 8:30 am - 4:30 pm | \$275 |
| 4 DAY | Aug 4-7 | Tuesday - Friday 8:30 am - 4:30 pm | \$215 |



Kreative Kids

Get ready for a brush stroke of genius! Our experienced art instructors will unleash your creative camper's inner artist through drawing, painting and sculpture. Kids will also learn how to make digital art on the computer and have the opportunity to take some photographs outside. On the last day of camp, family and friends are invited to an Art Exhibition to see the art the campers have made! Campers entering Grades 2-3 take a field trip to Glenbow Museum for a big wave of inspiration. Those entering Grades 4-8 can get some hands on ceramics experience while glazing a piece of pottery or a mug at Colour-Me-Mine. Each day we get our creative campers moving with a wide variety of physical activities such as swimming and games.

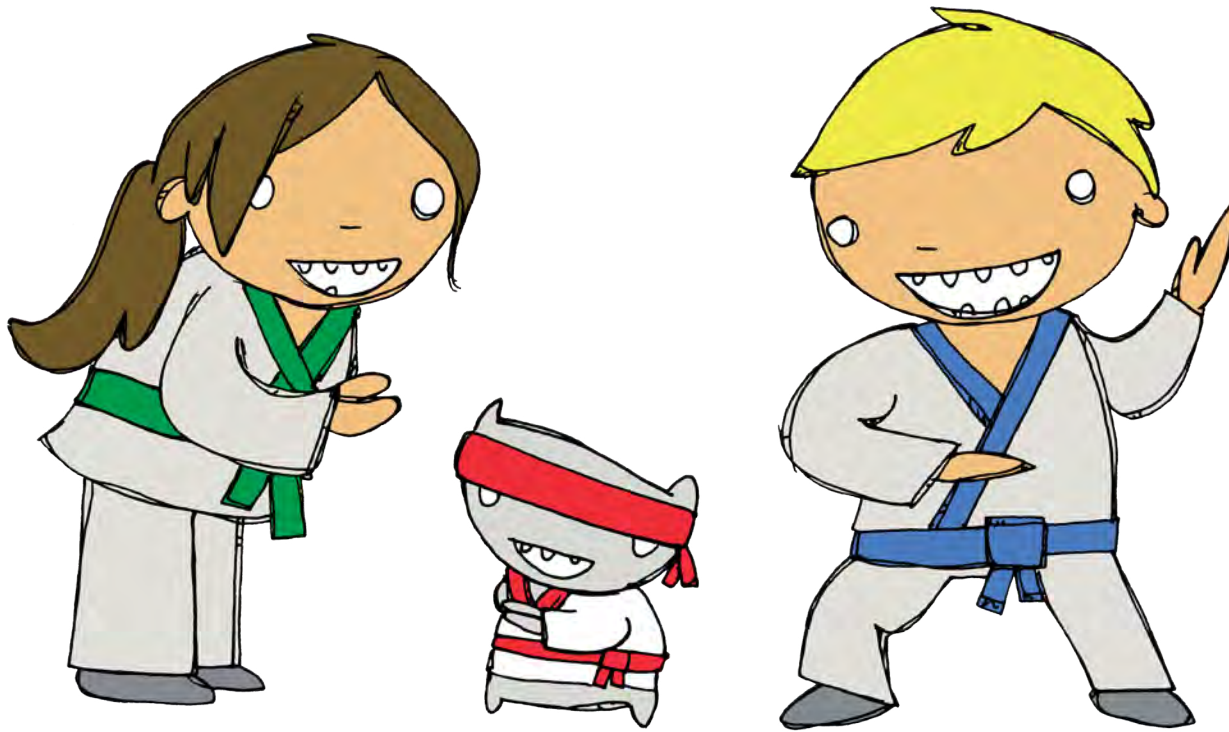
ENTERING GRADES 2-8

| | | | |
|--------|------------------|---------------------------------------|-------|
| 10 DAY | July 6-17, 20-31 | Monday - Friday 8:30 am - 4:30 pm | \$475 |
| 9 DAY | Aug 4-14 | Tuesday - Friday 8:30 am - 4:30 pm | \$420 |



MINI UNIVERSITY

No camps scheduled on August 3 (Heritage Day)



MediCamp

Sign up for a dose of fun, STAT! Discover the fascinating field of medicine through hands-on activities. At this intensive one-week camp, campers will do experiments, learn about a variety of healthcare professions and explore how the human body functions. We know our Medi Campers are always looking to learn more, which is why we also offer education on nutrition, exercise, stress, and basic First Aid from two different specialized instructors! Each day campers take part in a wide variety of physical activities such as swimming, gymnastics and games.

ENTERING GRADES 3-7

| | | | |
|-------|---|---------------------------------------|-------|
| 5 DAY | July 6-10, 13-17, 20-24 July 27-31 Aug 10-14, 17-21 | Monday - Friday 8:30 am - 4:30 pm | \$305 |
| 4 DAY | Aug 4-7 | Tuesday - Friday 8:30 am - 4:30 pm | \$265 |

Mini Black Belts

Hi-yah! Engage your child's mind and body this summer at our martial arts camp! This camp is designed by our experienced instructor to improve concentration, coordination and self-discipline in a safe and encouraging environment. Campers will practise striking and grappling techniques with each other. Our mini black belts will also learn how to safely execute moves and self-defence techniques inspired by a variety of martial arts, which foster self-confidence, respect, and a healthy lifestyle. We change up every day with a wide variety of fun physical activities such as swimming, gymnastics, and games. Campers will also get to go to UNDRCARD Boxing Studio!

ENTERING GRADES 2-3

| | | | |
|-------|-------------------------|---------------------------------------|-------|
| 5 DAY | July 20-24 Aug 10-14 | Monday - Friday 8:30 am - 4:30 pm | \$315 |
| 4 DAY | Aug 4-7 | Tuesday - Friday 8:30 am - 4:30 pm | \$275 |

ENTERING GRADES 4-5

| | | | |
|-------|-------------------------|--------------------------------------|-------|
| 5 DAY | July 27-31 Aug 17-21 | Monday - Friday 8:30 am - 4:30 pm | \$315 |
|-------|-------------------------|--------------------------------------|-------|

ENTERING GRADES 6-8

| | | | |
|-------|-----------|--------------------------------------|-------|
| 5 DAY | July 6-10 | Monday - Friday 8:30 am - 4:30 pm | \$315 |
|-------|-----------|--------------------------------------|-------|

Mini Brick Builders

Let your imagination run wild and get building! Our mini brick builders face big tasks — Instructors add structure to LEGO® time by creating challenges that stretch every camper's problem solving skills, and promote creativity. Between orchestrating buildings, bridges, vehicles, spaceships, planes (and really anything else they can think of) camper's are guaranteed to have a great time! Plus, kids entering Grades 5-8 will build and program their own robots using LEGO® MINDSTORMS®. Each day is balanced with a wide variety of physical activities such as swimming, gymnastics and games.

ENTERING GRADES 2-3

| | | | |
|-------|--|---------------------------------------|-------|
| 5 DAY | July 6-10, 13-17, 20-24 July 27-31 Aug 10-14, 17-21, 24-28 | Monday - Friday 8:30 am - 4:30 pm | \$305 |
| 4 DAY | Aug 4-7 | Tuesday - Friday 8:30 am - 4:30 pm | \$265 |

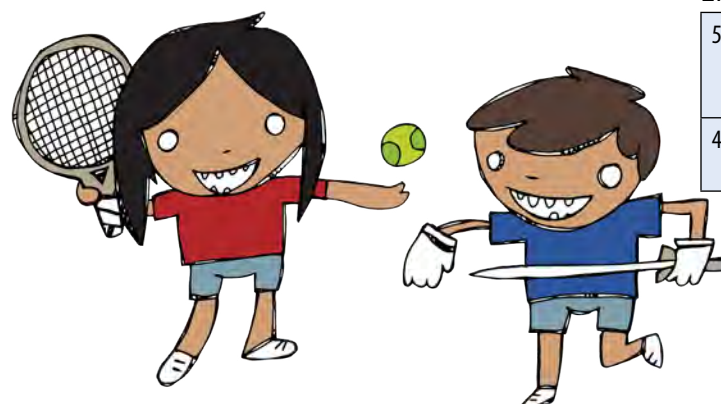
ENTERING GRADES 4-5

| | | | |
|-------|---------------------------------------|---------------------------------------|-------|
| 5 DAY | July 13-17, 20-24 Aug 10-14, 24-28 | Monday - Friday 8:30 am - 4:30 pm | \$305 |
| 4 DAY | Aug 4-7 | Tuesday - Friday 8:30 am - 4:30 pm | \$265 |

ENTERING GRADES 6-8

| | | | |
|-------|-------------------------------|--------------------------------------|-------|
| 5 DAY | July 6-10, 27-31 Aug 17-21 | Monday - Friday 8:30 am - 4:30 pm | \$305 |
|-------|-------------------------------|--------------------------------------|-------|

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Mini Camp Sampler

Is your child often torn between camps when summer rolls around? If they are, we've got a solution for you! Our Mini Camp Sampler offers a chance to experience a wide variety of Mini University camps! Campers will get to participate in activities such as LEGO®, science, sports & games, art, music, martial arts, medicine, gymnastics, swimming and more! This is a great opportunity to discover new interests and broaden your child's horizons!

ENTERING GRADES 2-3

| | | | |
|-------|-------------------------------|--------------------------------------|-------|
| 5 DAY | July 6-10, 27-31 Aug 10-14 | Monday - Friday 8:30 am - 4:30 pm | \$305 |
|-------|-------------------------------|--------------------------------------|-------|

ENTERING GRADES 4-5

| | | | |
|-------|------------|---------------------------------------|-------|
| 5 DAY | July 13-17 | Monday - Friday 8:30 am - 4:30 pm | \$305 |
| 4 DAY | Aug 4-7 | Tuesday - Friday 8:30 am - 4:30 pm | \$265 |

ENTERING GRADES 6-8

| | | | |
|-------|------------|--------------------------------------|-------|
| 5 DAY | July 20-24 | Monday - Friday 8:30 am - 4:30 pm | \$305 |
|-------|------------|--------------------------------------|-------|

Mini Musicians

Allegro! Forte! Well done, Maestro! Our up-and-coming musicians will put on a musical concert on the last Friday for their family and friends! Forget about just memorizing sheet music, this camp is centred around developing a love of music through unique, hands-on activities and improvisation. Campers will get to play a variety of instruments such as hand drums, xylophones, tone blocks, maracas, recorders and more! They will also get to collaborate with other campers to create their very own composition. Each day is balanced with a wide variety of physical activities such as swimming, gymnastics, and games. All musical instruments will be provided.

ENTERING GRADES 4-7

| | | | |
|--------|------------|--------------------------------------|-------|
| 10 DAY | July 20-31 | Monday - Friday 8:30 am - 4:30 pm | \$475 |
|--------|------------|--------------------------------------|-------|

Mini Musketeers

En Garde! Prets? Allez! Discover the art of fencing this summer with our professional fencing coaches! Campers will learn the fundamentals of fencing including how to lunge, parry, and score an attack in a safe match environment. Haven't tried fencing before? No worries, this camp is designed for beginners and we provide all of the safety equipment. It will be easy for your young fencer to sharpen their technique with one-on-one instruction in our smaller groups. On Friday, the fencers will show off their new skills to their family and friends in a showcase! Each day is balanced with a wide variety of physical activities such as swimming, gymnastics and games.

ENTERING GRADES 3-5 OR 6-8

| | | | |
|-------|--|---------------------------------------|-------|
| 5 DAY | July 6-10, 13-17, 20-24 July 27-31 Aug 10-14 | Monday - Friday 8:30 am - 4:30 pm | \$315 |
| 4 DAY | Aug 4-7 | Tuesday - Friday 8:30 am - 4:30 pm | \$275 |

Instruction brought to you by



MINI UNIVERSITY

No camps scheduled on August 3 (Heritage Day)

Mini Pro Golfers

Fore! Tee up and and hit a hole-in-one this summer at our popular golf camp! Fun and skill development will be par for the course every day when campers visit golf courses around the city with our three, specialized instructors. Don't own a set of clubs? No worries Tiger! Mini University has a set of quality clubs you can rent for the week at an affordable price. Campers will learn the essentials of golf, such as driving, chipping and putting from a certified Canadian Professional Golfing Association instructor. It will be easy for your golfer to sharpen their skills with one-on-one instruction in our smaller groups. Near the end each day, campers will return to campus and participate in a wide variety of physical activities such as gymnastics and team games. All skill levels are welcome!

ENTERING GRADES 3-5

| | | | |
|-------|-------------------------------|---------------------------------------|-------|
| 5 DAY | July 6-10, 20-24 Aug 17-21 | Monday - Friday 8:30 am - 4:30 pm | \$395 |
| 4 DAY | Aug 4-7 | Tuesday - Friday 8:30 am - 4:30 pm | \$345 |

ENTERING GRADES 6-8

| | | | |
|-------|---------------------------------------|--------------------------------------|-------|
| 5 DAY | July 13-17, 27-31 Aug 10-14, 24-28 | Monday - Friday 8:30 am - 4:30 pm | \$395 |
|-------|---------------------------------------|--------------------------------------|-------|

Mini Sport

Go for gold this summer! Campers will get the chance to play a variety of indoor and outdoor sports and games such as swimming, basketball, handball, dodgeball, quidditch, soccer, flag football, kickball, ultimate frisbee and more (activities vary each week). Plus, they will get to play different racquet sports such as badminton, squash and racquetball. Campers will discover how to live a balanced lifestyle in our health and wellness activity class. Campers entering Grades 2 and 3 will get to try rollerblading with Alien In-Line, the Grade 4 and 5's will get to go to UNDRCARD Boxing Studio, and those entering Grades 6-8 will get to play laser tag at Laser City!

ENTERING GRADES 2-8

| | | | |
|-------|--|---------------------------------------|-------|
| 5 DAY | July 6-10, 13-17, 20-24 July 27-31 Aug 10-14, 17-21, 24-28 | Monday - Friday 8:30 am - 4:30 pm | \$275 |
| 4 DAY | Aug 4-7 | Tuesday - Friday 8:30 am - 4:30 pm | \$215 |

Mini U 101

Our fun-loving little Mini's will explore and discover their creativity through a variety of art activities, storytelling, games and fun lessons inspired by our other Mini University camps. Each day is balanced with a wide variety of indoor and outdoor physical activities such as swimming, gymnastics, dance, sports and games. This year, the Minis will go on an adventure to Hide 'n' Seek indoor playground! **Please note that there is no swimming August 17-21 and 24-28 because the University pool is closed for cleaning.**

ENTERING GRADE 1

| | | | |
|-------|--|---------------------------------------|-------|
| 5 DAY | July 6-10, 13-17, 20-24, July 27-31 Aug. 10-14, 17-21, 24-28 | Monday - Friday 8:30 am - 4:30 pm | \$275 |
| 4 DAY | Aug 4-7 | Tuesday - Friday 8:30 am - 4:30 pm | \$215 |

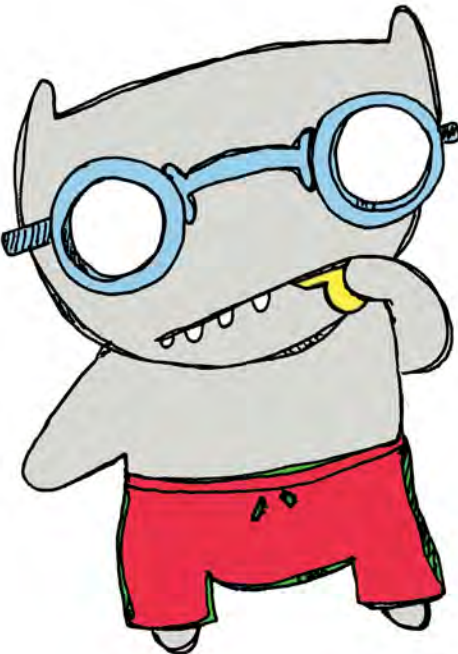


Science Trek

Ready, Set, REACT! Launch into the scientific fields of criminal science, chemistry, biology and physics at our science camp! During our intensive two-week camp, campers will engage in a variety of experiments and challenges in professional laboratories at the EEEL building. Not only do our campers get to work in laboratories, they also get to experience special field trips. Grades 2-5 have the opportunity to go to the Telus Spark Science Centre, while those in Grades 6-8 go on a Weaselhead Nature Walk. Our campers are able to release all of their extra energy during fun activities like swimming and games!

ENTERING GRADES 2-8

| | | | |
|--------|------------------|---------------------------------------|-------|
| 10 DAY | July 6-17, 20-31 | Monday - Friday 8:30 am - 4:30 pm | \$475 |
| 9 DAY | Aug 4-14 | Tuesday - Friday 8:30 am - 4:30 pm | \$420 |



SPRING BREAK CAMPS

Mini U Spring Break Camp

We're bringing a bit of summer to spring break! Mini University is excited to offer your child the best of our summer programming a little earlier in the year. Engage your child's mind and body through a variety of fun activities offered by Mini University's most popular camps including: LEGO® building, arts & crafts, active gaming, swimming, yoga, Zumba®, racquet sports and more. Campers will also participate in a wide range of indoor games and sports in Active Living's professional facilities every day. Your child won't want to miss out on this exciting new opportunity to get active this spring break!

GRADES 2-4

| | | | |
|-------|-------------|--|-------|
| 5 DAY | March 23-27 | Monday - Thursday 8:30 am - 4:30 pm | \$325 |
| 4 DAY | April 14-17 | Tuesday - Friday 8:30 am - 4:30 pm | \$260 |

Street Art

Go big or go home! Our Street Art Camp offers teens the ability to create a mural from start to finish! Our professional art instructors will share their creative processes to help campers express themselves in a safe and supportive environment. Campers are offered support and guidance while graduating from the first rough concept of their mural to the finished product. Some of the main skills that this camp focuses upon are: collaborating, brainstorming, sketching, drawing, designing and painting.

ENTERING GRADES 9-11

| | | | |
|-------|-----------|---|-------|
| 3 DAY | Aug 19-21 | Wednesday - Friday 8:30 am - 4:30 pm | \$325 |
|-------|-----------|---|-------|

MINI UNIVERSITY

No camps scheduled on August 3 (Heritage Day)



NEW! Word Nerds

Spend a week sharpening your wit and your pencil with some hands-on writing activities. From poetry taboo to rap battles, prose-writing to puns, these mini masterminds will try their hand at a breadth of styles, genres, and techniques. Whether they are just tip-toeing into the world of words or have already done a deep dive into a particular style and genre, the tools they learn here can help an emerging writer or a pro alike. By the end, they will have the skills they need to rock the mic, the stage, the bestseller list, or whatever realm they choose.

Miranda Krogstad Bio

Spoken word poet meets eternal optimist, Miranda's poetry ranges in topic from child's play to empowerment, giving life's obstacles a feel-good finish. A member of the 2016 national wild card team, member of the 2013 Spoken Word Program at the Banff Centre, Calgary Arts Development grant recipient, and a two-time Canada Council for the Arts grant recipient, she now runs the spoken word network YYSpeak: A communal and supportive space for local spoken word artists.

ENTERING GRADES 5-7

| | | | |
|-------|-----------|--------------------------------------|-------|
| 5 DAY | July 6-10 | Monday - Friday 8:30 am - 4:30 pm | \$295 |
|-------|-----------|--------------------------------------|-------|

ENTERING GRADES 7-12

| | | | |
|-------|------------|--------------------------------------|-------|
| 5 DAY | July 13-17 | Monday - Friday 8:30 am - 4:30 pm | \$295 |
|-------|------------|--------------------------------------|-------|

ADAPTED SPORT CAMP

Adapted Sport and Recreation

Come discover your abilities! This camp is centered upon giving campers with physical disabilities the opportunity to explore various adapted sport, recreational, and leisure activities. Different programs from the Calgary area will provide the opportunity for each camper to experience a trial of the adapted physical activity programming they offer throughout the year. Campers will get to challenge themselves physically through activities such as: sledge hockey, climbing, swimming, and a variety of wheelchair sports. Campers will also get to explore their creative side through dance, gymnastics and art. Our goal is to increase each camper's confidence in their ability to participate in school and community programs. This camp is offered in partnership with the Vi Riddell Pediatric Rehabilitation Research Program.

If you have questions about your child's eligibility or for more information, please contact Evan at minu@ucalgary.ca or 403-220-5192.

ENTERING GRADES 7-11

| | | | |
|-------|-----------|--------------------------------------|-------|
| 5 DAY | Aug 17-21 | Monday - Friday 8:30 am - 4:30 pm | \$300 |
|-------|-----------|--------------------------------------|-------|

ENTERING GRADES 4-7

| | | | |
|-------|-----------|--------------------------------------|-------|
| 5 DAY | Aug 24-28 | Monday - Friday 8:30 am - 4:30 pm | \$300 |
|-------|-----------|--------------------------------------|-------|



DINOS SPORTS CAMPS

No camps scheduled on August 3 (Heritage Day)

Come play in the home of the Dinos

Dinos sport camps provide participants with a fun-filled and memorable developmental experience through the guidance of Dinos head coaches and current Dinos players. Dinos Sport Camps goal is to provide all participants with a positive learning experience in a fun and memorable sport camp environment. Whether you are new to a sport, or have been playing for years; Dinos Sport Camps will help you to elevate your game. Our camps are designed to help you develop to the next level of play. Dinos Sport Camps offer a blend of sport-specific and general athletic development opportunities, allowing participants an opportunity to develop their athletic skills, tune their sporting technique, get ready for the upcoming season and to have a great time in the process. Participants will develop both individual and team skills as they work on sport specific and general skill progressions through drills, games and scrimmages. Participants will gain confidence and improve fitness levels knowing they are learning their sport from current Dinos athletes and coaches. All participants will receive a Junior Dinos season pass and T-shirt.

Please check website for camp offerings and prices as camp information may change.

Basketball Camps

Improving your skills is a slam-dunk with the Dinos Basketball Camps. It is the perfect place to get active and compete against other players from the Calgary and surrounding area. Participants will benefit from the technical training and will be instructed by current and former University of Calgary players and coaches. Get ready to learn basketball individual skills, fundamentals, conditioning methods and team-play tactics. These camps will satisfy the hard-core ballers as well as the beginner level players! Dinos Basketball Camps: Learn the game. Play the game. Enjoy the game.

Dinos men's and women's basketball teams both competed at USPORTS national championships in 2018 and 2019 with the men's team capturing the 2018 and 2019 Canada West championship and USPORTS national title in 2018 and a silver medal in 2019.

All participants will receive a Junior Dinos Seasons Pass, camp T-shirt, basketball and daily prizes.

Location: Jack Simpson Gym

Basketball Shooting Clinic

This is a two-day clinic on proper shooting technique and mechanics. For experienced players ages 10+, this clinic will teach not only what each part of your body should be doing as you shoot the ball, but also why you should be doing it. Players will improve as both shooters and shooting coaches, and gain a greater understanding of how their shot works.

Instruction is led by Dinos Men's basketball head coach Dan Vanhooren, and current University of Calgary players. Dan is a certified NCCP Level 3 coach and has worked for the NBA's Vancouver Grizzlies in their inaugural season.



Football Camps

If you dream of huddling with the pros, get a head start on your goals at a Dinos Football Camp. Dinos Football Camps teach the fundamentals of football in a fun and challenging environment. Get ready to blitz the competition with instruction by current and former University of Calgary players, coaches and area high school coaches. New to the game, or whether you have been playing for years don't worry our camps will provide instruction for all levels.

Can't wait for football season! Dinos Football Camps are geared towards preparing you for your upcoming season. Players of all levels and positions are encouraged to participate and each participant will develop new skills and achieve a new level of play and self-confidence. Participants will learn and develop the fundamentals of football, learn new techniques, experience age appropriate tackling and conditioning drills, develop skills and techniques at individual positions, and learn offensive and defensive play.

Camps are provided for:

- Atoms (Age 7 – 9)
- Pee Wee (Age 10 – 12)
- Bantam (Age 13 – 15)
- High school (Grades 10 – 12)

The Dinos Football team is a powerhouse in USPORTS competition having won 17 Hardy Cup championships and 4 Vanier Cups, including the 2019 Canada West Championship (Hardy Cup), 2019 Mitchell Bowl and the 2019 Vanier Cup.

All participants will receive a Junior Dinos Seasons Pass, camp T-shirt and daily prizes.

This is an outdoor camp all participants need to be prepared for inclement weather.

Location: McMahon Stadium

DINOS SPORTS CAMPS

No camps scheduled on August 3 (Heritage Day)

Hesketh High Performance Camp

Come learn the basic and advance components of physically training and recovering the right way with Rich Hesketh and the Calgary Dinos. Rich was the Strength & Conditioning Coach for the Calgary Flames for 19 seasons, a consultant for NIKE Hockey Conditioning programs for six years and currently contributes to hockey training projects for Under Armour. He was the 1988 Canadian Decathlon Champion and four-time indoor combined events National Champion. Rich also competed at four Canadian Olympic Trials so he understands what it means to be at the top of your game for an extended time period.

This camp consists of five, 3-hour sessions split between small group training in the weight room, speed development, and proper technical athletic development and recovery.

Hockey Camps

Lace up for an excellent hockey experience at a Dinos Hockey Camp this summer! Participants will benefit from technical training and be led by current and former University of Calgary players and coaches. Hit the ice to hone your individual skills and learn advanced team play and tactics. Step off the ice and put your training into overdrive with dry-land training, team building games and more.

Goalies will get individual instruction, but will also be part of the player's camp, which allows them to incorporate what they have worked on with the instructors.

Location: Olympic Oval

Soccer Camps

Kick it into high gear with a Dinos Soccer Camp! Camp participants will be given the opportunity to learn and develop both individual and team soccer skills including dribbling, passing and shooting. Introduction to these specific skills will be done through games, drills, and scrimmages, which will be modified for each group to ensure a positive learning experience. Learn offensive and defensive technique and game-play strategy. With instruction by current and former University of Calgary players and coaches, your technical skills are sure to show a roaring improvement on the pitch. Dinos women's soccer captured the 2019 Canada West championship and a silver medal at USPORTS national championships. The men's team finished second in Canada West championship and competed at USPORTS national championships in 2019. This is an outdoor camp all participants need to be prepared for inclement weather.

All participants will receive a Junior Dinos Seasons Pass, camp T-shirt and daily prizes.

Location: U of C Fields



Swimming Camps (Competitive)

Dive into the season early with the Dinos Swim Camps! These competitive swim camps will give your athlete the edge they need to start the season a stroke ahead of the competition. Our CSCTA-certified University of Calgary swim program coaches provide a technique-based program with a focus on all four strokes, starts, and turns. There will also be training sessions focused on conditioning while maintaining and developing technique. With two in-water sessions daily, on-deck video feedback, classroom learning, outdoor dry-land training, and chances to earn daily prizes the Dinos Swim Camps provide an exciting opportunity to learn, practise, and have fun. This camp is for competitive swimmers and all participants must be a Swim Canada member and have a Swim Canada ID.

All participants will receive a Junior Dinos Seasons Pass and camp T-shirt.

Location: U of C Aquatic Centre

Track & Field

Do you want to learn to Run, JUMP, THROW, go faster, higher, farther? Sprint on down to the Dinos Track & Field Camps! Participants will work to gain improved fitness, try event-specific training and enjoy an opportunity to test their abilities in a mock track meet. Our coaches are all current and former University of Calgary athletes and coaches. The Dinos Track & Field team is a powerhouse in the USPORTS circuit with men's Cross Country capturing a national title in 2018 and 2019. This is the place to be if you want to pursue Track & Field at a higher level. This is an outdoor camp all participants need to be prepared for inclement weather.

All participants will receive a Junior Dinos Seasons Pass and camp T-shirt.

Location: Foothills track

Volleyball Camps

Kill it with your team this fall by enrolling in a Dinos Volleyball Camp this summer! Improve your level of fitness; learn skill-specific drills, explore game play opportunities and the chance to meet other local players are just some of the many benefits participants will gain from this exiting camp. Current and former University of Calgary players and coaches instruct camps. This is the place to be if you want to pursue volleyball at the highest level. Dinos women's volleyball competed at USPORTS national championships and were Canada West Champions in 2018. Dinos will be hosting the 2020 USPORTS Women's Volleyball National Championship in March 2020.

All participants will receive a Junior Dinos Seasons Pass, camp T-shirt and daily prizes.

Location: Jack Simpson Gym

Wrestling

Get expert instruction in the fundamentals of Olympic Freestyle wrestling. Enjoy the thrill of learning one of the world's oldest and greatest sports in the training room where Olympic Gold Medallist Erica Wiebe trained for her Rio Olympic Games success. Campers will learn fundamental movement skills of wrestling through plenty of game play, combative games, and skill drills. Wrestling techniques will be age appropriate and ready to use in your next school wrestling season. Camp instructors include Dinos assistant coaches and Dinos athletes. Two full size Olympic mats with fully padded walls allow participants to practise tactical situations and full speed scrimmage safely. Lots of other activities are included for a fun off-mat experience as well.

OUTDOOR CAMPS

No camps scheduled on August 3 (Heritage Day)

PADDLE, PEDAL, CLIMB, HIKE Calgary and the surrounding area are ripe with natural wonders to explore and enjoy all summer long. Get into nature with hiking and photography. Kick up the adrenaline with mountain biking or longboarding, or relax with a little fishing and other fun games. The outdoors is waiting to be discovered this summer!

SUMMER CAMPS

Outdoor Youth Programs

ENTERING GRADES 1–8
Let your kids be kids this summer! Our camps promote physical activity, exploration, adventure, skill building, and most importantly — fun!

We have two different types of Youth Camps

1 Urban Outdoor Camps: There's so much to do outside, right within the city limits! Because we'll be outside most of the time—rain or shine—participants are expected to bring a water bottle, lunch, and weather appropriate clothing including a rain jacket and rain pants every day. Additional required camp-specific items are online. Transportation will depend on the camp but may include: cycling, Calgary Transit, walking, or chartered buses. Tots on Treks leave the city one day.

2 Out-of-City Camps: Spend your week in and out of the city. This is your chance to explore new locations around Kananaskis, Canmore, Calgary and surrounding area with our experienced staff. Because we'll be outside most of the time—rain or shine—participants are expected to bring a water bottle, lunch, and weather appropriate clothing including a rain jacket and rain pants every day. Additional required camp-specific items are online. Transportation is primarily provided by 15-passenger vans and qualified drivers, but occasionally camps take chartered buses and Calgary Transit.

Urban Outdoor Camps

Climb On!

Defy gravity and reach new heights all week! You'll spend half the day wall climbing and bouldering indoors and the other half outside playing games, swimming, biking and visiting kid-friendly places in the city.

Prerequisite: you must be confident riding a 2-wheel bike regardless of grade level.

Required: bike and helmet. Check equipment list and additional information in the online event details.

Included: instruction and wall climbing equipment.

ENTERING GRADES 2–3

| | | | |
|-------|-------------------------------|--------------------------------------|-------|
| 5 DAY | July 6-10, 27-31 Aug 17-21 | Monday - Friday 8:30 am - 4:30 pm | \$305 |
|-------|-------------------------------|--------------------------------------|-------|

ENTERING GRADES 4–5

| | | | |
|-------|--|---------------------------------------|-------|
| 5 DAY | July 6-10, 13-17, 20-24 July 27-31 Aug 10-14, 17-21, 24-28 | Monday - Friday 8:30 am - 4:30 pm | \$305 |
| 4 DAY | Aug 4-7 | Tuesday - Friday 8:30 am - 4:30 pm | \$265 |

ENTERING GRADES 6–8

| | | | |
|-------|--------------------------------|---------------------------------------|-------|
| 5 DAY | July 13-17, 20-24 Aug 10-14 | Monday - Friday 8:30 am - 4:30 pm | \$305 |
| 4 DAY | Aug 4-7 | Tuesday - Friday 8:30 am - 4:30 pm | \$265 |

Keiki Longboarding

Get outside and ride the city's pathways on a longboard this summer. You'll go on rides to visit cool Calgary locations, participate in games and activities, and even go swimming. Instructors will put an emphasis on safety, etiquette, the rules of the pathway, and equipment maintenance. There are 3 levels of Longboard camp, pick the one that fits best with your goals and skill level. Two levels of this camp will run each week and will operate in part together. Groups will be divided up based on ability when necessary.

101 new riders (very limited to no riding time).

201 riders (longboard/skateboard) who have taken 101 or are comfortable on a longboard and comfortable pushing, breaking and making turns.

301 competent riders who have taken 201 or are confident in pushing, breaking, sharp turns and are eager to learn new skills.

Please note: longboards are available for purchase at the end of the week (based on availability).

Required: protective gloves, helmet, swimsuit and towel.

Included: instruction and longboarding equipment except helmets (long board, knee and elbow pads).

101: BEGINNERS — ENTERING GRADES 6–9

| | | | |
|-------|--------------------------------|--------------------------------------|-------|
| 5 DAY | July 13-17, 20-24 Aug 10-14 | Monday - Friday 8:30 am - 4:30 pm | \$300 |
|-------|--------------------------------|--------------------------------------|-------|

201: LOW INTERMEDIATES — ENTERING GRADES 6–9

| | | | |
|-------|--------------------------------|---------------------------------------|-------|
| 5 DAY | July 13-17, 20-24 Aug 10-14 | Monday - Friday 8:30 am - 4:30 pm | \$300 |
| 4 DAY | Aug 4-7 | Tuesday - Friday 8:30 am - 4:30 pm | \$260 |

301: INTERMEDIATES — ENTERING GRADES 7–10

| | | | |
|-------|---------|---------------------------------------|-------|
| 4 DAY | Aug 4-7 | Tuesday - Friday 8:30 am - 4:30 pm | \$260 |
|-------|---------|---------------------------------------|-------|

SPRING CAMPS

Outdoor Spring Break Camp

Meet new friends and have loads of fun this school spring break. In this day camp, we'll snowshoe and cross-country ski in Kananaskis. We'll also visit cool Calgary locations, play tons of outdoor games, and go climbing, bouldering and swimming. If the weather is warm we'll hike and build shelters instead of being on snow. Every day is jam-packed with activities. Grades 2-8 camps available.

Required: weather-appropriate clothing and indoor footwear. Check equipment list and additional information in the online event details.

Included: instructor, equipment, passes, transportation.

GRADES 2–8

| | | | |
|-------|-------------|---------------------------------------|-------|
| 5 DAY | March 23-27 | Monday - Friday 8:30 am - 4:30 pm | \$325 |
| 4 DAY | April 14-17 | Tuesday - Friday 8:30 am - 4:30 pm | \$260 |



OUTDOOR CAMPS

No camps scheduled on August 3 (Heritage Day)

MegaVenture

Spend a week trying a variety of activities in this adventure packed outdoor camp! Daily adventures may include hiking, biking, swimming, bouldering, wall climbing, playing games, canoeing at Bowness Park (grades 4-8), visiting kid-friendly places and rafting down the Bow River—all within the city limits.

Prerequisite: you must be confident riding a two-wheel bike — regardless of grade level.

Required: bike and helmet Check equipment list and additional information in the online event details.

Included: instruction, canoeing equipment, rafting equipment, wall climbing equipment, and transportation. If a bike is needed for more than one day, overnight storage is available.

ENTERING GRADES 2-3

| | | | |
|-------|--|---------------------------------------|-------|
| 5 DAY | July 6-10, 13-17, 20-24 July 27-31 Aug 10-14, 17-21, 24-28 | Monday - Friday 8:30 am - 4:30 pm | \$305 |
| 4 DAY | Aug 4-7 | Tuesday - Friday 8:30 am - 4:30 pm | \$265 |

ENTERING GRADES 4-5

| | | | |
|-------|--|---------------------------------------|-------|
| 5 DAY | July 6-10, 13-17, 20-24 July 27-31 Aug 10-14, 17-21, 24-28 | Monday - Friday 8:30 am - 4:30 pm | \$305 |
| 4 DAY | Aug 4-7 | Tuesday - Friday 8:30 am - 4:30 pm | \$265 |

ENTERING GRADES 6-8

| | | | |
|-------|--|---------------------------------------|-------|
| 5 DAY | July 6-10, 13-17, 20-24 July 27-31 Aug 10-14, 17-21, 24-28 | Monday - Friday 8:30 am - 4:30 pm | \$305 |
| 4 DAY | Aug 4-7 | Tuesday - Friday 8:30 am - 4:30 pm | \$265 |

Tots on Treks

ENTERING GRADE 1

You're never too young to appreciate the outdoors! In this week-long camp, first-graders will be introduced to hiking, learn how to find critters and have fun in the great outdoors. We'll swim, take the train to the Zoo, do crafts, play loads of games, and, for our Big Adventure Day, take a bus to a fun out of city location such as Big Hill Springs and Cochrane Ranch.

Required: check equipment list and additional information in the online event details.

Included: instruction and transportation.

| | | | |
|-------|--|---------------------------------------|-------|
| 5 DAY | July 6-10, 13-17, 20-24 July 27-July 31 Aug 10-14, 17-21 | Monday - Friday 8:30 am - 4:30 pm | \$305 |
| 4 DAY | Aug 4-7 | Tuesday - Friday 8:30 am - 4:30 pm | \$265 |



Tour de Calgary

It's like Tour de France for kids, but way more fun—and in Calgary. We'll visit kid-friendly places, swim, and play games.

101 young cyclists will bike 3-10 km a day on the city's extensive pathways.

201 is for competent cyclists who can ride 5-15km a day.

301 cyclists who love getting out for longer, often all-day rides that range from 10-25 km a day.

Prerequisite: confident riding a 2-wheel bike up and down hills regardless of grade level and keen for longer rides.

Required: bike and helmet. Check equipment list and additional information in the online event details.

Included: instruction and overnight bike storage for the week.

101: ENTERING GRADES 2-4

| | | | |
|-------|--|---------------------------------------|-------|
| 5 DAY | July 6-10, 13-17, 20-24 July 27-31 Aug 10-14 | Monday - Friday 8:30 am - 4:30 pm | \$270 |
| 4 DAY | Aug 4-7 | Tuesday - Friday 8:30 am - 4:30 pm | \$230 |

201: ENTERING GRADES 4-6

| | | | |
|-------|--|---------------------------------------|-------|
| 5 DAY | July 6-10, 13-17, 20-24 July 27-31 Aug 10-14 | Monday - Friday 8:30 am - 4:30 pm | \$270 |
| 4 DAY | Aug 4-7 | Tuesday - Friday 8:30 am - 4:30 pm | \$230 |

301: ENTERING GRADES 5-8

| | | | |
|-------|--|---------------------------------------|-------|
| 5 DAY | July 6-10, 13-17, 20-24 July 27-31 Aug 10-14 | Monday - Friday 8:30 am - 4:30 pm | \$270 |
| 4 DAY | Aug 4-7 | Tuesday - Friday 8:30 am - 4:30 pm | \$230 |

Out-of-City Camps

Kananaskis Explorers

Spend a week sampling some of the best outdoor mountain activities. We'll spend one day rafting in Calgary on the Bow River, and the other days in Kananaskis Country and area— mountain biking, hiking, canoeing, and more.

Prerequisite: you must be confident riding a 2-wheel bike regardless of grade level.

Required: bike and helmet. Check equipment list and additional information in the online event details.

Included: instruction, activity specific equipment, transportation.

ENTERING GRADES 4-5

| | | | |
|-------|--------------------------------------|--------------------------------------|-------|
| 5 DAY | July 6-10, 20-24, 27-31 Aug 10-14 | Monday - Friday 8:30 am - 4:30 pm | \$375 |
|-------|--------------------------------------|--------------------------------------|-------|

ENTERING GRADES 6-8

| | | | |
|-------|---------------------------------|---------------------------------------|-------|
| 5 DAY | July 13-17, Aug 17-21, 24-28 | Monday - Friday 8:30 am - 4:30 pm | \$375 |
| 4 DAY | Aug 4-7 | Tuesday - Friday 8:30 am - 4:30 pm | \$315 |

Krank Factory

Get stoked and kick up some dust on awesome trails this mountain bike season! Krank Factory is a week-long camp that will introduce you to the fundamentals of mountain biking, braking, balance, gearing and basic obstacle riding. The first session will be at a local Calgary trail. The rest will be spent on a variety of scenic trails outside of the city.

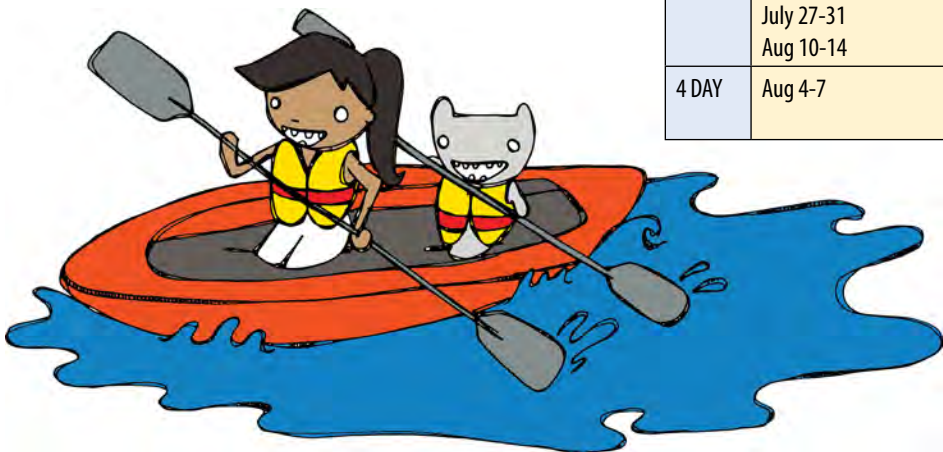
Prerequisites: riders must be very comfortable riding a bike and eager for off-road surfaces.

Required: mountain bike ready to ride, a helmet that fits, and a spare tube. Check equipment list and additional information in the online event details.

Included: instruction and transportation.

ENTERING GRADES 6-8

| | | | |
|-------|------------|--------------------------------------|-------|
| 5 DAY | July 20-24 | Monday - Friday 8:30 am - 4:30 pm | \$310 |
|-------|------------|--------------------------------------|-------|



OUTDOOR CAMPS

No camps scheduled on August 3 (Heritage Day)

Packs and Pixels

In a flash we'll have you thinking about how to capture amazing photographs. For the first few days we'll explore in and around Kananaskis Country and you'll learn the ins and outs of your point and shoot camera. You'll discover how to shoot a variety of different photo styles—action, macro, landscape and portraits. On the last day we spend the morning in the computer lab learning some basic editing tools and you'll share your photos with the group.

Required: basic digital camera, USB stick. Check equipment list and additional information in the online event details.

Included: instruction and transportation.

ENTERING GRADES 2–3

| | | | |
|-------|-------------------------------|--------------------------------------|-------|
| 5 DAY | July 6-10, 27-31 Aug 17-21 | Monday - Friday 8:30 am - 4:30 pm | \$330 |
|-------|-------------------------------|--------------------------------------|-------|

ENTERING GRADES 4–5

| | | | |
|-------|-------------------------|--------------------------------------|-------|
| 5 DAY | July 20-24 Aug 24-28 | Monday - Friday 8:30 am - 4:30 pm | \$330 |
|-------|-------------------------|--------------------------------------|-------|

ENTERING GRADES 6–8

| | | | |
|-------|-------------------------|---------------------------------------|-------|
| 5 DAY | July 13-17 Aug 10-14 | Monday - Friday 8:30 am - 4:30 pm | \$330 |
| 4 DAY | Aug 4-7 | Tuesday - Friday 8:30 am - 4:30 pm | \$290 |

Thrill of the Catch

Go out on a reel adventure and discover the thrill of fishing in this introductory week-long camp. Each day we'll travel to a new lake or pond around the city or in Kananaskis Country to learn basic fishing techniques. Location selections will be based on weather and the Fish Stoking Report.

Please note: we cannot guarantee that we will catch fish. No experience necessary.

Required: personal fishing rod (spin cast reel), small tackle box. Check equipment list and additional information in the online event details.

Included: instruction and transportation.

ENTERING GRADES 2–3

| | | | |
|-------|-----------|---------------------------------------|-------|
| 5 DAY | Aug 17-21 | Monday - Friday 8:30 am - 4:30 pm | \$330 |
| 4 DAY | Aug 4-7 | Tuesday - Friday 8:30 am - 4:30 pm | \$290 |

ENTERING GRADES 4–5

| | | | |
|-------|--------------------------------|--------------------------------------|-------|
| 5 DAY | July 13-17, 20-24 Aug 10-14 | Monday - Friday 8:30 am - 4:30 pm | \$330 |
|-------|--------------------------------|--------------------------------------|-------|

ENTERING GRADES 6–8

| | | | |
|-------|-------------------------------|--------------------------------------|-------|
| 5 DAY | July 6-10, 27-31 Aug 24-28 | Monday - Friday 8:30 am - 4:30 pm | \$330 |
|-------|-------------------------------|--------------------------------------|-------|



Wilderness Survivor

Do you think it would be fun to learn how to survive in the wild? For the first few days we'll explore the Kananaskis area with our experienced instructors and learn hands-on skills. We'll learn how to safely build fires and shelters, be bear aware and much more. The last 2 days are spent on a group overnight trip to try out your newly-acquired skills and sleep in a shelter that you built yourself.

Required: check equipment list and additional information in the online event details.

Prerequisite: attend pre-trip meeting for guardians and participants to discuss required items and cover meal planning (food is not included). The pre-trip meeting will be held the Tuesday of your camp at 3:30 pm.

Included: instruction, all group gear, and transportation.

ENTERING GRADES 6–8

| | | | |
|-------|--|---------------------------------------|-------|
| 5 DAY | July 6-10, 13-17, 20-24 July 27-31 Aug 10-14, 17-21, 24-28 | Monday - Friday 8:30 am - 4:30 pm | \$375 |
| 4 DAY | Aug 4-7 | Tuesday - Friday 8:30 am - 4:30 pm | \$315 |

World of Watersports

Dive right into a variety of watersports in this week-long paddling camp. We canoe, kayak*, and stand-up paddle board on ponds and lakes in and out of the city as well as, raft on the Bow River in Calgary. There is no better way to spend summer days than having fun in the water, meeting new people and learning new skills.

*Kayak = river kayaking and recreational kayaking (both on flat water).

Prerequisite: must be able to swim 50m while wearing a life jacket.

Required: check equipment list and additional information in the online event details.

Included: instruction, activity specific equipment, and transportation.

ENTERING GRADES 4–5

| | | | |
|-------|--|---------------------------------------|-------|
| 5 DAY | July 6-10, 13-17, 20-24 July 27-31 Aug 10-14, 17-21, 24-28 | Monday - Friday 8:30 am - 4:30 pm | \$375 |
| 4 DAY | Aug 4-7 | Tuesday - Friday 8:30 am - 4:30 pm | \$315 |

ENTERING GRADES 6–8

| | | | |
|-------|--|---------------------------------------|-------|
| 5 DAY | July 6-10, 13-17, 20-24 July 27-31 Aug 10-14, 17-21, 24-28 | Monday - Friday 8:30 am - 4:30 pm | \$375 |
| 4 DAY | Aug 4-7 | Tuesday - Friday 8:30 am - 4:30 pm | \$315 |



OUTDOOR CAMPS

No camps scheduled on August 3 (Heritage Day)

TEEN EXPEDITIONS

Expeditions are activity-based, multi-day overnight trips (3 or 5 days). Please review the list of required items in the details online that you will be expected to bring. Each expedition also has a pre-trip meeting that participants and their guardians need to attend. In that meeting, guides will discuss the required items and cover meal planning (food is not included).

Backpacking Expeditions

Head out to the mountains in Kananaskis with our backpacking guides for a multi-day trip of exploring and backcountry camping. Our guides will teach you route-finding, navigation, backcountry cooking, campsite management and animal safety. Backpacking Expedition 101 is a 3-day (2-night) introduction and Backpacking Expedition 201 is a 5-day extended trip for those who want a challenge. Locations will be listed on the website as soon as they are booked.

Prerequisite: ability to swim 50m while wearing a lifejacket. Must attend pre-trip meeting for participants and guardians to discuss required items and cover meal planning (food is not included).

Required: Check equipment list and additional information in the online event details.

Included: paddling guide, all canoe/group gear, transportation.

BACKPACKING 101

Location TBD (A): Pre-trip meeting (for guardians and participants), July 20 at 6:30 pm.

Location TBD (B): Pre-trip meeting (for guardians and participants), July 27 at 6:30 pm.

ENTERING GRADES 8–12

| | | | |
|----------------|------------|---------------------------------|-------|
| 3 DAY TBD A | July 22-24 | Wednesday - Friday Overnight | \$340 |
| 3 DAY TBD B | July 29-31 | Wednesday - Friday Overnight | \$340 |

BACKPACKING 201

Location TBD: Pre-trip meeting (for guardians and participants), Aug 5 at 6:30 pm.

ENTERING GRADES 9–12

| | | | |
|--------------|-----------|---------------------------------|-------|
| 5 DAY TBD | Aug 10-14 | Wednesday - Friday Overnight | \$520 |
|--------------|-----------|---------------------------------|-------|

Canoeing Expeditions

We have 3 canoe trips planned for this summer. Please read the individual events for each trip on our website for all necessary information. In 101, spend 3 days learning all about canoeing while paddling the Red Deer River upstream of Drumheller or the Bow River south of Calgary. Our guide will cover water safety, paddling strokes, river reading, navigation and how to pack for a multi-day trip. In 201, you'll spend 5 days on the North Saskatchewan River near Rocky Mountain House learning canoe tripping skills, backcountry cooking, self-care and more.

Prerequisite: ability to swim 50m while wearing a lifejacket. Must attend pre-trip meeting for participants and guardians to discuss required items and cover meal planning (food is not included).

Required: Check equipment list and additional information in the online event details.

Included: paddling guide, all canoe/group gear, transportation.

CANOEING 101

Red Deer River: Pre-trip meeting (for guardians and participants), July 27 at 6:30 pm.

Bow River: Pre-trip meeting (for guardians and participants), Aug 10 at 6:30 pm.

ENTERING GRADES 8–12

| | | | |
|-------------------------|------------|---------------------------------|-------|
| 3 DAY Red Deer River | July 29-31 | Wednesday - Friday Overnight | \$355 |
| 3 DAY Bow River | Aug 12-14 | Wednesday - Friday Overnight | \$355 |

CANOEING 201

North Saskatchewan River: Pre-trip meeting (for guardians and participants), Aug 11 at 6:30 pm

ENTERING GRADES 9–12

| | | | |
|------------------------|-----------|---------------------------------|-------|
| 5 DAY N. Sask River | Aug 19-21 | Wednesday - Friday Overnight | \$545 |
|------------------------|-----------|---------------------------------|-------|



Mountain Biking Expedition

Kananaskis has some of the best mountain bike terrain in the world! Whether you're new to the sport or keen to develop your skills, you'll have the time of your life. Through a combination of cross-country and freeride skill development, you'll learn about and practise body positioning, gearing, cornering and maneuvering on trails. Trail selection, bike maintenance and outdoor skills are also introduced. This expedition is operated out of a base campsite which riders return to each night.

Prerequisite: you must be very comfortable riding a bike and eager for off-road surfaces.

Required: mountain bike in good condition (with gears and suspension), helmet that fits properly, spare tube.

Please note: We cannot accommodate bikes that are not in good working condition.

Included: instruction, mountain biking instructors, all group gear, and transportation (food is not included).

Pre-trip meeting (for guardians and participants), July 13 at 6:30 pm.

ENTERING GRADES 8–12

| | | | |
|-------|------------|---------------------------------|-------|
| 3 DAY | July 15-17 | Wednesday - Friday Overnight | \$355 |
|-------|------------|---------------------------------|-------|

Rafting Expedition

Spend three days rafting one of the most popular whitewater playgrounds close to Calgary—the Red Deer River. A rafting guide will teach paddling strokes, water safety and how to navigate rapids as we tour downstream. In the evenings we'll set up camp and enjoy group meals and sleep in tents. Note: river choice is subject to change based on water levels. Camping is not at designated campsites and will not have toilet facilities.

Prerequisite: ability to swim 50m with a lifejacket.

Required: Must attend pre-trip meeting for participants and guardians on July 6, at 6:30 pm to discuss required items and cover meal planning (food is not included).

Included: instruction, paddling guides and equipment, all group gear, transportation (food is not included).

ENTERING GRADES 8–12

| | | | |
|-------|-----------|---------------------------------|-------|
| 3 DAY | July 8-10 | Wednesday - Friday Overnight | \$355 |
|-------|-----------|---------------------------------|-------|

OUTDOOR CAMPS

No camps scheduled on August 3 (Heritage Day)

TEEN DAY CAMPS

ENTERING GRADES 8–12

You can have fun all day and sleep in your own bed at night. Be sure to bring a water bottle, lunch and weather appropriate clothing—we'll be outside all day and go rain or shine.

Climb On Outdoors 101 Day Camp

Spend three days rock climbing at popular beginner routes in and around Kananaskis Country with ACMG guides. In 101, you'll have fun as you learn basic climbing skills like belaying, climbing calls and movement. In 201, you're already comfortable with the basics so you'll work on developing foot placement, hand positions and route reading.

Required: check equipment list and additional information in the online event details.

Prerequisite for 201: Climb On Outdoors 101 or equivalent.

Included: ACMG guides, all climbing equipment.

CLIMB ON OUTDOORS 101

ENTERING GRADES 8–12

| | | | |
|-------|-----------------------|---|-------|
| 3 DAY | July 15-17 Aug 5-7 | Wednesday - Friday 8:30 am - 4:30 pm | \$355 |
|-------|-----------------------|---|-------|

CLIMB ON OUTDOORS 201

ENTERING GRADES 8–12

| | | | |
|-------|------------------|---|-------|
| 3 DAY | Aug 19-21, 26-28 | Wednesday - Friday 8:30 am - 4:30 pm | \$355 |
|-------|------------------|---|-------|

Get into Fly Fishing Day Camp

Southern Alberta is world-renowned for great fly fishing. This three-day instructional camp will introduce you to casting techniques, proper fly selection, knot tying, how to read the water and all about fish habitat. Each day we'll head out to different locations in and out of the city limits.

Prerequisite: none

Included: instructor, transportation, waders, PFDs, rods (only if requested prior to August 1st).

ENTERING GRADES 8–12

| | | | |
|-------|-----------|---|-------|
| 3 DAY | Aug 26-28 | Wednesday - Friday 8:30 am - 4:30 pm | \$355 |
|-------|-----------|---|-------|



Get into Kayaking Day Camp

Learn all about river kayaking in this three-day beginner camp for teens. An introductory pool class gets you warmed up for an afternoon of skill development on the river. Then we're off to the Bow River for a day of moving-water skills. Finish off with a taste of whitewater on a full-day run from Ghost Dam to Cochrane (west of Calgary).

Prerequisite: the ability to swim 50m while wearing a lifejacket

Required: check equipment list and additional information in the online event details.

Included: river kayaking instructor, all kayak gear, wetsuit, transportation.

ENTERING GRADES 8–12

| | | | |
|-------|---------|---|-------|
| 3 DAY | Aug 5-7 | Wednesday - Friday 8:30 am - 4:30 pm | \$355 |
|-------|---------|---|-------|

Soar and More Day Camp

Interested in flying? Learn about the exciting world of windsports including hang gliding, paragliding and traction kiting. Through classroom and practical instruction, participants learn the basics of how to fly each of these crafts. The amount of time spent on each activity is wind-dependent. No experience necessary. Program offered in conjunction with Muller Windsports.

Prerequisite: check equipment list and additional information in the online event details.

Required: participants must be at least 5-feet tall and weigh 90 pounds

Included: instruction, all gear, and transportation.

ENTERING GRADES 8–12

| | | | |
|-------|-----------|---|-------|
| 3 DAY | Aug 19-21 | Wednesday - Friday 8:30 am - 4:30 pm | \$345 |
|-------|-----------|---|-------|

TRIATHLON CAMP

Youth Triathlon Summer Camp

A triathlon is a multi-sport endurance event consisting of swimming, cycling, and running in immediate succession over various distances. This triathlon camp is offered by University of Calgary Triathlon Club, the longest serving Triathlon Club in Canada. Highly trained coaches offer campers instruction on proper swimming, biking and running techniques. Campers also undergo activities that develop both aerobic and anaerobic systems to offer them a good base for all sports. Everyone is guaranteed to have fun with other youth at their level, with a progression from start up, all the way to National Team level training.

To introduce this sport to campers, and help them improve their transition times and overall performance, our coaches employ various, enjoyable techniques and activities. Bring on the challenge this summer!

Requirements: Successful completion of skills in Level 6.

Swimmers develop front crawl (25m), learn back crawl (25m) and whip kick on back, learn stride dive and treading water, perform head-first sculling on back, and swim 75 meters continuously.

GRADES 5–12

| | | | |
|-------|-----------|---------------------------------------|-------|
| 5 DAY | July 6-10 | Monday - Friday 8:30 am - 4:30 pm | \$400 |
| 4 DAY | Aug 4-7 | Tuesday - Friday 8:30 am - 4:30 pm | \$320 |

GEOGRAPHY CAMP

GeoVenture

Are you interested in the environment and our place in it? Discover how Geography is so much more than maps! Get outside for a geocaching adventure, have learning brought to life with virtual reality, sample tree cores and get creative with our stream dynamics simulations. Campers will get the opportunity to tackle real-world problems and learn about the forces that have shaped our planet. Discover the technology behind different mapping techniques like Google Earth and Geographical Information Systems (GIS). Explore how cities are organized, why rivers flow, and how drones help map landscapes all in this interactive, hands-on atmosphere. Campers will invite their community of family and friends on Friday afternoon to experience a project with them. This is a Geo-adventure you won't want to miss!

Provided by Active Living and the Department of Geography

GRADES 2 – 4

| | | | |
|-------|-------------------|---------------------------------------|-------|
| 5 DAY | July 13-17, 27-31 | Monday - Friday 8:30 am - 4:30 pm | \$295 |
| 4 DAY | Aug 4-7 | Tuesday - Friday 8:30 am - 4:30 pm | \$265 |

GRADES 5 – 7

| | | | |
|-------|------------------|--------------------------------------|-------|
| 5 DAY | July 6-10, 20-24 | Monday - Friday 8:30 am - 4:30 pm | \$295 |
|-------|------------------|--------------------------------------|-------|

Please note that activities are subject to change and are presented as examples only.
Grade refers to the grade your child is entering in the fall.

VET CAMP

Vet Camp

You can bet the farm this camp will be an ‘udder’ delight for aspiring veterinarians! The week-long experience will introduce kids to the many things vets do, including hands-on work with dogs, cats, cows, horses, alpacas and more. Campers will learn straight from the horse’s mouth about taking a heart rate; explore how a cow’s stomach works; scrub, gown and glove for a mock surgery; work through a case to find a diagnosis; practise with surgery simulators and much more. They’ll look the part too, with a scrub top to wear and take home. These camps are offered at the Faculty of Veterinary Medicine’s Spyhill Campus on 85th St. NW.

Note: Before and After Care are not available for Vet Camp.

Find out more about the faculty at <http://vet.ucalgary.ca>

This camp is offered by the Faculty of Veterinary Medicine’s Spyhill Campus at 11877 85 St. NW

Driving instructions will be provided upon registration.

ENTERING GRADES 7–9

| | | | |
|-------|-------------------------------------|---------------------------------------|-------|
| 5 DAY | July 20-24, July 27-31 Aug 10-14 | Monday - Friday 8:30 am - 4:30 pm | \$360 |
| 4 DAY | Aug 4-7 | Tuesday - Friday 8:30 am - 4:30 pm | \$290 |

RACQUET CAMPS

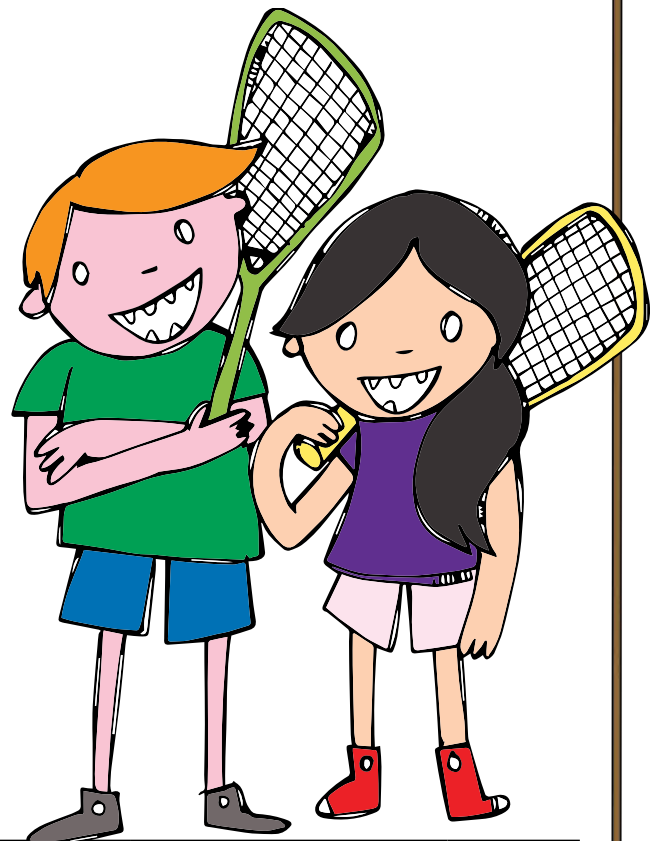
SERVE SWING SMASH

Learn for the first time or hone your skills in the biggest public racquet sport facility in Canada! Jump on the court this summer for a great physical workout and a whole lot of fun.

If you can't choose just one sport, our Multi-Racquet camp can give you a taste of everything you could ask for.

Multi-Racquet Camps: Tennis, Badminton, Squash, Racquetball, & Pickleball

Why have your kids at home making a racket when they could be putting that energy into a whole variety of racquet sports! They will have the opportunity to learn the rules of each sport, while giving them lots of time to play and practice. Not only will your child get to play a new racquet sport each day, they will get to enjoy fun, outdoor activities that promote social interaction and team building. After learning to slice on the court, kids will enjoy a tastier kind of slice with a pizza party on the last day of class.



ENTERING GRADES 1–2

| | | | |
|-------|-------------------------|---------------------------------------|-------|
| 5 DAY | July 20-24 Aug 24-28 | Monday - Friday 8:30 am - 4:30 pm | \$300 |
| 4 DAY | Aug 4-7 | Tuesday - Friday 8:30 am - 4:30 pm | \$240 |

ENTERING GRADES 3–4

| | | | |
|-------|--------------------------------------|---------------------------------------|-------|
| 5 DAY | July 6-10, 20-24 Aug 17-21, 24-28 | Monday - Friday 8:30 am - 4:30 pm | \$300 |
| 4 DAY | Aug 4-7 | Tuesday - Friday 8:30 am - 4:30 pm | \$240 |

ENTERING GRADES 5–6

| | | | |
|-------|---|--------------------------------------|-------|
| 5 DAY | July 6-10, 13-17, 27-31 Aug 10-14, 17-21 | Monday - Friday 8:30 am - 4:30 pm | \$300 |
|-------|---|--------------------------------------|-------|

ENTERING GRADES 7–9

| | | | |
|-------|--------------------------------|--------------------------------------|-------|
| 5 DAY | July 13-17, 27-31 Aug 10-14 | Monday - Friday 8:30 am - 4:30 pm | \$300 |
|-------|--------------------------------|--------------------------------------|-------|

COCHRANE GYMNASTICS CAMPS

No camps scheduled on Aug 3 (Heritage Day)

SPRING
SWING
ROTATE
ROLL

Gymnastics is a fantastic introduction into the fundamental movements found in any sport or physical activity. We teach kids to master the motions of their bodies in a fun and energetic way. Fun and games are in store every day at gymnastics camp, with lots of time to make new friends this summer!



Summer Camps

Build strong basic gymnastics skills in a safe environment, using all the apparatus in the Gymnastics Centre. We have gymnastics skills, games, fun and fitness in store for all our campers. Half-day and full-day campers will also enjoy our craft corner, nature walk including a scavenger hunt, and some outdoor fun as weather permits. Preschoolers are welcome to register in either a morning or in an afternoon camp any or each week, but are not permitted to register in morning and afternoon during the same week. Detailed, continuous programming begins at 9:00 am and concludes at 4:00 pm. Outside of those times, programming will be a mixture of games, free time and exploratory fun.

Required: Extra clothes, water bottle, bring two nutritional snacks (one for the morning and one for the afternoon campers as applicable), lunch for full-day campers.

*We are a peanut conscious club and ask that products containing peanuts are not brought to the gym.

Note: There is a 6:1 kid to coach ratio for ages 4 - 5 years, and 8:1 kid to coach ratio for ages 6 years and up

Theme weeks

Theme weeks will be lightly incorporated into our camps. Detailed, continuous programming begins at 9 am and concludes at 4 pm. Our camps will be fun, skills based programming to challenge all ages and levels offered. Outside of those times, programming will be a mixture of games, free-time, and exploratory fun.

WEEK 1: Stampede Week
July 6-10

WEEK 2: Parkour Camp
July 13-17

WEEK 3: Super Hero Week
July 20-24

WEEK 4: Amazing Race
July 27-31

WEEK 5: Circus Week
Aug 4-7

WEEK 6: Olympic Week
Aug 10-14

WEEK 7: Acro Camp
Aug 17-21

WEEK 8: Super Star Week
Aug 24-28



Pre-school Camps

COED (AGES 4–5)

| | | | |
|-------------------------|---|---|-------|
| 5 DAY HALF-DAY CAMPS | July 6-10, 13-17, 20-24, July 27-31 Aug 10-14, 17-21, 24-28 | Monday - Friday 8:30 am - 12:00 pm 1:00 pm - 4:30 pm | \$150 |
| 4 DAY HALF-DAY CAMPS | Aug 4-7 | Tuesday - Friday 8:30 am - 12:00 pm 1:00 pm - 4:30 pm | \$120 |

Recreation Camps

COED (AGES 6–17)

| | | | |
|-------------------|---|---|-------|
| 5 DAY HALF-DAY | July 6-10, 13-17, 20-24, July 27-31 Aug 10-14, 17-21, 24-28 | Monday - Friday 8:30 am - 12:00 pm 1:00 pm - 4:30 pm | \$150 |
| 4 DAY HALF-DAY | Aug 4-7 | Tuesday - Friday 8:30 am - 12:00 pm 1:00 pm - 4:30 pm | \$120 |
| 5 DAY FULL-DAY | July 6-10, 13-17, 20-24, July 27-31 Aug 10-14, 17-21, 24-28 | Monday - Friday 8:30 am - 4:30 pm | \$220 |
| 4 DAY FULL-DAY | Aug 4-7 | Tuesday - Friday 8:30 am - 4:30 pm | \$175 |

Trampoline and Tumbling Camps

COED (AGES 6–17)

| | | | |
|-------------------------|-------------------------|--|-------|
| 5 DAY HALF-DAY CAMPS | July 20-24 Aug 10-14 | Monday - Friday 8:30 am - 12:00 pm 1:00 pm - 4:30 pm | \$150 |
|-------------------------|-------------------------|--|-------|

AQUATICS

No camps scheduled on August 3 (Heritage Day)

TEAMWORK RESCUE LEADERSHIP

RED CROSS SUMMER SERIES

Assistant Lifeguard Certification

This fun and challenging course is your first-step to lifeguarding with the Canadian Red Cross. Participants will learn injury prevention, teamwork, basic rescues, and lifeguarding skills.

Prerequisites: Swim Kids level 10 or equivalent swimming ability

AGES 12+

| | | | |
|-------|------------|-------------------|-------|
| 5 DAY | July 20-24 | 8:30 am - 4:30 pm | \$340 |
|-------|------------|-------------------|-------|

Lifeguard Certification

This six-day course will certify lifeguards with the Red Cross Lifeguard program. This camp emphasizes hands-on practice with scenarios, and creates deck ready Lifeguards who can prevent and respond to emergencies, work as a team, and handle public relations.

Prerequisites: Red Cross Assistant Lifeguard (can be expired) and Standard First Aid with CPR-C/AED (current)

AGES 15+

| | | | |
|-------|-----------------|-------------------|-------|
| 6 DAY | Aug 5-7 & 10-12 | 8:30 am - 5:00 pm | \$405 |
|-------|-----------------|-------------------|-------|

Lifeguard and Swim Instructor Prep Camp

If you're thinking of becoming a lifeguard or swim instructor, this camp is for you! Swimmers will be introduced to lifeguard tools, and rescue and first aid skills. This camp will also provide the opportunity to review your swimming skills and gain added insight on your strokes. Instructors will give an orientation to the lifeguard and water safety instructor programs. Participants do not receive a certification.

AGES 10+

| | | | |
|-------|------------|-------------------|-------|
| 5 DAY | July 13-17 | 8:30 am - 4:30 pm | \$250 |
|-------|------------|-------------------|-------|

Stay Safe and Babysitters Camp

This camp offers basic first aid, safety and caregiving skills for youth 11-16 years old. Participants learn how to provide care to children in a variety of age groups, and how to prevent and respond to emergencies. The course also offers youth the skills to promote themselves as babysitters to prospective families.

AGES 11+

| | | | |
|-------|----------|-------------------|-------|
| 4 DAY | July 6-9 | 8:30 am - 4:30 pm | \$250 |
| 4 DAY | Aug 4-7 | 8:30 am - 4:30 pm | \$250 |

Mermaid University

This is your chance to experience what it's like to swim like a mermaid — no need for any deals with sea witches! Mermaid University puts safety first, starting our mermaids-in-training with basic swimming skills before transitioning into the monofin. Instructors will teach safe fin use and proper breathing while swimming. Swim sessions incorporate movement skills, fitness, pool entries and exits, dolphin dives, spins, turns, and of course mermaid games. All this excitement builds up to learning choreography, and a final day with costumes, mermaid makeup and a photo shoot. Best of all, the fin is yours to keep! Mermen are welcome to sign-up too.

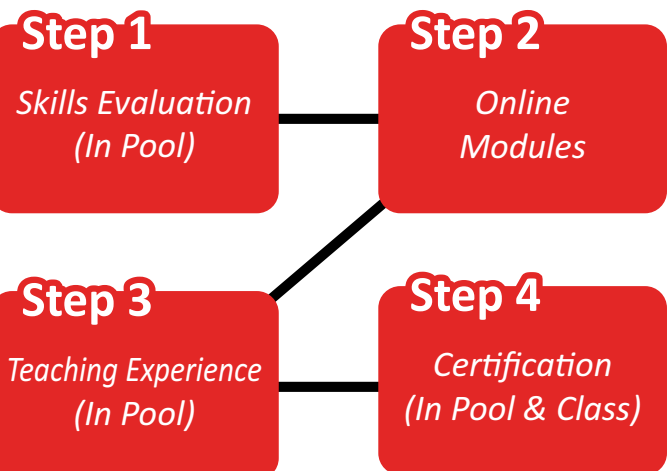
Prerequisites: Swim Kids Level 5 or equivalent. Price includes tail

AGES 8+

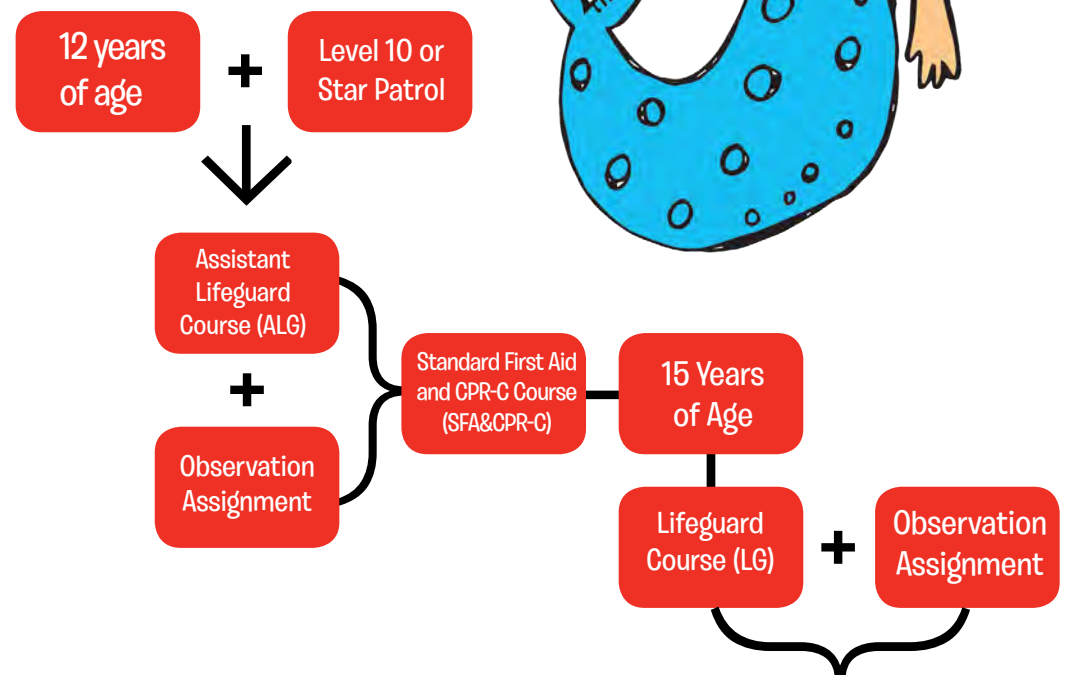
| | | | |
|-------|-------------------------|-------------------|-------|
| 5 DAY | July 6-10, 13-17, 27-31 | 8:30 am - 4:30 pm | \$395 |
|-------|-------------------------|-------------------|-------|

Register at ucalgary.ca/camps or phone (403) 220-7749

HOW TO BECOME A RED CROSS SWIM INSTRUCTOR



HOW TO BECOME A RED CROSS LIFEGUARD



**YOU'RE A RED
CROSS LIFEGUARD!!**

NEW! Senior Mermaids

Senior mermaid camp is designed for mermaid enthusiasts 12 and older. This camp will have more complex swimming skills and advanced manoeuvres. Dry-land activities are geared for teen participants. Mermaids will also take part in mermaid makeup, a photo shoot and a performance on the final day.

Prerequisites: Swim Kids Level 7 or equivalent ability.

Price includes tail

AGES 12+

| | | | |
|-------|---------|-------------------|-------|
| 4 DAY | Aug 4-7 | 8:30 am - 4:30 pm | \$365 |
|-------|---------|-------------------|-------|

DESIGN CAMP

No camps scheduled on August 3 (Heritage Day)

Discover Design

Is your child's architectural vision surpassing this year's Lego kits? Budding builders and young city planners can unleash their creativity in this design camp developed and led by our innovative students at the School of Architecture, Planning and Landscape. Working together, campers will uncover new foundational design skills to help bring their ideas to life. They'll discover a variety of design techniques and planning methods exploring materials, scales, crafting models and collaborating with friends. We'll seek inspiration right here at the University of Calgary using our developing campus as a full-scale laboratory to explore and observe beautiful buildings and landscapes to create their own little city. The young designers will present their designs to their community of family and friends on Friday afternoon. Get out your creativity caps and join us for a week of fun!

Provided by Active Living and the School of Architecture, Planning and Landscape.

GRADES 2-4

| | | | |
|-------|---|---------------------------------------|-------|
| 5 DAY | July 6-10, 13-17, 20-24, 27-31 Aug 10-14 | Monday - Friday 8:30 am - 4:30 pm | \$300 |
| 4 DAY | Aug 4-7 | Tuesday - Friday 8:30 am - 4:30 pm | \$265 |

Please note that activities are subject to change and are presented as examples only.
Grade refers to the grade your child is entering in the fall.

Future Design Studio

Future Design Studio is seeking all aspiring architects and young urban visionaries to innovate the future of city spaces in our world. Campers can unleash their creativity in this design camp developed and led by our innovative students at the School of Architecture, Planning and Landscape. Working together, campers will uncover new skills to create designs fit for the future. To bring their visions to life, they'll work with a variety of design techniques and planning methods exploring materials, scales, and representations, producing images and crafting models. We'll seek inspiration right here at the University of Calgary using our developing campus and award winning green buildings as a full-scale laboratory to explore, observe and design beautiful buildings, landscapes and envision future scenarios for urban spaces. Building on shared interests in design and local community making, we explore new ways to co-create. The young designers will present their visions to their community of family and friends on Friday afternoon. Get out your creativity caps and join us for a week of fun in our design studio imagining the future!

GRADES 5-7

| | | | |
|-------|---|---------------------------------------|-------|
| 5 DAY | July 6-10, 13-17, 20-24, 27-31 Aug 10-14 | Monday - Friday 8:30 am - 4:30 pm | \$300 |
| 4 DAY | Aug 4-7 | Tuesday - Friday 8:30 am - 4:30 pm | \$265 |

Please note that activities are subject to change and are presented as examples only.
Grade refers to the grade your child is entering in the fall.

NEW! City Building Downtown

City Building Downtown camp is calling all budding builders and young city planners to innovate the future of our city spaces. Campers can unleash their creativity in this design camp developed and led by our innovative students at the School of Architecture, Planning and Landscape. Working together, campers will uncover new skills to create designs fit for downtown cityscapes. To bring their design ideas to life, they'll work with a variety of design techniques and planning methods exploring materials, scales, and crafting models. We'll seek inspiration right here, using downtown Calgary as a full-scale laboratory to explore, observe and design beautiful buildings and landscapes to create their own little downtown. The young designers will present their designs to their community of family and friends on Friday afternoon. Come downtown for a creative and fun week of design!

GRADES 2-4

| | | | |
|-------|-----------|--------------------------------------|-------|
| 5 DAY | July 6-10 | Monday - Friday 8:30 am - 4:30 pm | \$300 |
|-------|-----------|--------------------------------------|-------|

What does it take to build a great city? Aspiring architects and young urban visionaries interested in architecture and urbanism are invited to join our students from the School of Architecture, Planning and Landscape in a collaborative exploration of this question. Design skills and knowledge will be developed through skill building, downtown exploration, and guest visits from professionals in the design fields. Building on a shared experience of design and local community making, we explore new ways of collaborating and co-creating. Choosing a site in downtown Calgary, participants will be challenged to redesign an aspect of the city/public space and present a proposal to transform its function, appearance, accessibility, and other characteristics. We'll seek inspiration right here, using downtown Calgary as a full-scale laboratory to explore, observe and design beautiful buildings, landscapes and envision future scenarios for urban spaces. Come downtown and learn how to tackle complex problems using your design skills and start crafting your future career making Calgary the place you imagine it to be!

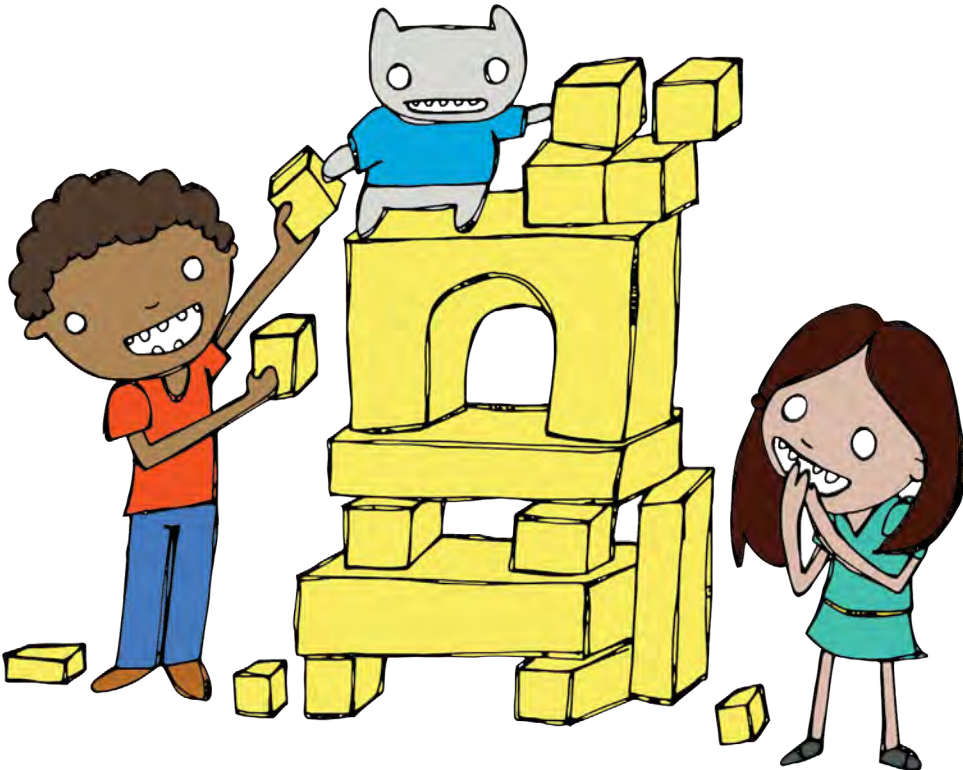
GRADES 5-7

| | | | |
|-------|-------------------|--------------------------------------|-------|
| 5 DAY | July 13-17, 27-31 | Monday - Friday 8:30 am - 4:30 pm | \$300 |
|-------|-------------------|--------------------------------------|-------|

GRADES 8-10

| | | | |
|-------|------------|---------------------------------------|-------|
| 5 DAY | July 20-24 | Monday - Friday 8:30 am - 4:30 pm | \$300 |
| 4 DAY | Aug 4-7 | Tuesday - Friday 8:30 am - 4:30 pm | \$265 |

Please note that activities are subject to change and are presented as examples only.
Grade refers to the grade your child is entering in the fall.



PHYSICS CAMPS

No camps scheduled on August 3 (Heritage Day)

Physics 101

From investigating atoms to exploring galaxies, this camp will have you discovering the wonders of Physics. This action-packed week will delve into astronomy, mechanics, electricity and magnetism with exciting hands-on experiments and group challenges. Campers will get the chance to observe live demonstrations in the University of Calgary Physics Demo Lab by professionals in the field, and go on a field trip to the Rothney Astrophysical Observatory. The young physicists will invite their community of family and friends on Friday afternoon to experience a project with them. Put on your best Tesla or Curie costume and come join us this summer!

Provided by Active Living and the Department of Physics and Astronomy

GRADES 4-6

| | | | |
|-------|---------------------------------------|--------------------------------------|-------|
| 5 DAY | July 13-17, 27-31 Aug 10-14, 17-21 | Monday - Friday 8:30 am - 4:30 pm | \$300 |
|-------|---------------------------------------|--------------------------------------|-------|

GRADES 7-9

| | | | |
|-------|-------------------------------|--------------------------------------|-------|
| 5 DAY | July 6-10, 20-24 Aug 24-28 | Monday - Friday 8:30 am - 4:30 pm | \$300 |
|-------|-------------------------------|--------------------------------------|-------|

Please note that activities are subject to change and are presented as examples only.
Grade refers to the grade your child is entering in the fall.



Young Entrepreneurs

Are you an aspiring entrepreneur? Come explore strategies for earning, saving, spending and investing wisely. In this interactive skill-building and hands-on environment, campers will nurture their independence and develop life skills in leadership, team play and responsibility. Have you ever wanted to turn your interests into a business idea? Learn how to craft a product and business plan that will allow you to think like an entrepreneur. On our field trip to a business in Calgary, you will have the opportunity to gather innovative ideas from local professionals in a behind-the-scenes atmosphere. The young entrepreneurs will pitch their products and business plans to their community of family and friends on Friday afternoon. Join us and come catch the spirit of entrepreneurship!

Provided by Active Living and Haskayne School of Business

GRADES 4 - 6

| | | | |
|-------|------------------|---------------------------------------|-------|
| 5 DAY | July 6-10, 20-24 | Monday - Friday 8:30 am - 4:30 pm | \$295 |
| 4 DAY | Aug 4-7 | Tuesday - Friday 8:30 am - 4:30 pm | \$265 |

GRADES 7 - 9

| | | | |
|-------|--------------------------------|--------------------------------------|-------|
| 5 DAY | July 13-17, 27-31 Aug 10-14 | Monday - Friday 8:30 am - 4:30 pm | \$295 |
|-------|--------------------------------|--------------------------------------|-------|

Please note that activities are subject to change and are presented as examples only.
Grade refers to the grade your child is entering in the fall.

Sky Science

Come explore the world above! Fire off rockets, design flying machines, explore gravitational forces, observe live demonstrations and travel to the University of Calgary's very own Rothney Astrophysical Observatory. From aviation to outer space, Sky Science will take you on an expedition from the ground up through hands-on, interactive experiments and challenges. The young physicists will invite their community of family and friends on Friday afternoon to experience a project with them. 3, 2, 1, blast off!

Provided by Active Living and the Department of Physics and Astronomy

GRADES 4-6

| | | | |
|-------|--------------------------------------|--------------------------------------|-------|
| 5 DAY | July 6-10, 20-24 Aug 10-14, 24-28 | Monday - Friday 8:30 am - 4:30 pm | \$300 |
|-------|--------------------------------------|--------------------------------------|-------|

GRADES 7-9

| | | | |
|-------|--------------------------------|--------------------------------------|-------|
| 5 DAY | July 13-17, 27-31 Aug 17-21 | Monday - Friday 8:30 am - 4:30 pm | \$300 |
|-------|--------------------------------|--------------------------------------|-------|

Please note that activities are subject to change and are presented as examples only.
Grade refers to the grade your child is entering in the fall.

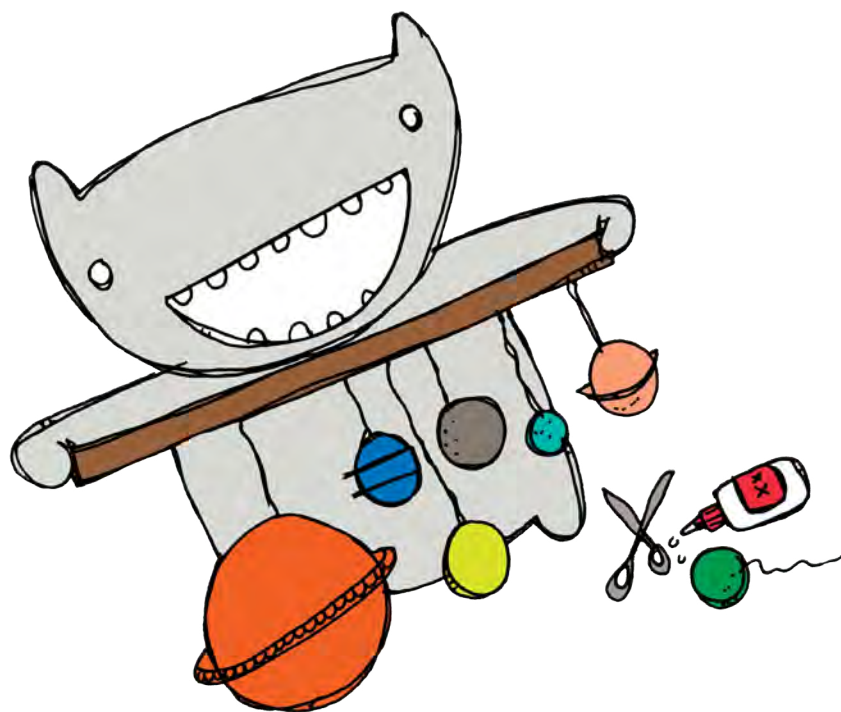


FIGURE SKATING

Learn to Leap Skating Camp

Calling all ice stars! Join us this summer to fuel your passion for skating. For kids who've passed at least the fifth level in ANY skating program up to and including competitive figures skaters. Grouped according to ability, athletes will learn and build upon all fundamental figure skating skills. On ice sessions will focus on stroking, free skate, and ice dance in the Olympic Oval training centre, while off-ice sessions like yoga, dance, functional conditioning and sport psychology will enhance their on-ice experience. Spin, spiral and jump your way to success!

*Dates subject to change. Please see website for current information.

AGES 6+

| | | | |
|-------|--------------------------|--------------------------------------|-------|
| 5 DAY | July 13-17 July 20-24 | Monday - Friday 8:30 am - 4:15 pm | \$325 |
|-------|--------------------------|--------------------------------------|-------|

DIRECTOR'S CUT

No camps scheduled on August 3 (Heritage Day)

LIGHTS, CAMERA, ACTION!

The Director's Cut promotes collaboration and experiential learning through hands-on digital media opportunities. Young people engage in storytelling through the lens of a camera.

These camps are being offered at the University of Calgary by the Director's Cut. To find out more about this organization, head to www.thedirectorscut.ca

BLOCKBUSTER Filmmaking

It's going to be a blockbuster summer at the Director's Cut with our NEWLY designed film workshop. Use GoPro Action cameras, 1080 HD digital cameras and the latest digital 360 VR equipment and hardware to film and edit your next big blockbuster. Under the guidance of professional filmmakers, participants will storyboard, write a script, and learn all about camera angles and cinematography before filming and editing their own action packed blockbuster. Participants will have access to green screens and have the opportunity to use 360 VR equipment as part of their cinematic experience. Participants will also create a commercial and movie trailer.

Swimming and Hollywood A-List activities will be included as part of our week. A red carpet, popcorn film festival will be hosted on Friday afternoon. Participants will be able to view their films in our private theatre.

GRADES 5-8

| | | | |
|-------|---|--------------------------------------|-------|
| 5 DAY | July 6-10, 27-31 Aug 10-14, 17-21, 24-28 | Monday - Friday 8:30 am - 4:30 pm | \$295 |
|-------|---|--------------------------------------|-------|

Claymation @24 FPS

Unleash your inner Spielberg this summer at the Director's Cut Claymation workshop. Filmmaking crews will work together with a professional filmmaker to create a stop-motion animation film that is sure to rival the works of Hollywood's most talented ("Paranorman," "Wallace and Grommit"). Filmmakers will develop stories, build mini sets and create clay characters. In production, they will use stop-motion technology to capture their movie, and then add sound effects, titles, voices and music. Participants will also learn how to market their films.

Swimming and Hollywood A-List activities will be included as part of our week. A red carpet, popcorn film festival will be hosted on Friday afternoon. Participants will be able to view their films in our private theatre.

GRADES 5-8

| | | | |
|-------|------------|---------------------------------------|-------|
| 5 DAY | July 13-17 | Monday - Friday 8:30 am - 4:30 pm | \$295 |
| 4 DAY | Aug 4-7 | Tuesday - Friday 8:30 am - 4:30 pm | \$250 |

I Wanna Rock

Rock on with the Director's Cut this summer! (Or with rap, pop, country! Make your own music video, styled after your favourite artist. Our professional filmmakers will be here to mentor you and show you the how to's to make your very own music video, including cinematography, editing, camera angles and shooting techniques. This year, participants will have the opportunity to work with GoPros as part of their film shoot.

Swimming and Hollywood A-List activities will be included as part of our week. A red carpet, popcorn film festival will be hosted on Friday afternoon. Participants will be able to view their films in our private theatre.

GRADES 5-8

| | | | |
|-------|-------------------------|--------------------------------------|-------|
| 5 DAY | July 20-24 Aug 10-14 | Monday - Friday 8:30 am - 4:30 pm | \$295 |
|-------|-------------------------|--------------------------------------|-------|



LEGO™ Animation

Get your LEGO on at the Director's Cut LEGO Stop Motion Animation workshop. Filmmaking crews will work together with a professional filmmaker to create a stop-motion animation film that is sure to rival the works of Hollywood's most talented ("Paranorman" and "Kubo and the 2 Strings"). Small crews will storyboard, write a script, design mini sets and then capture their film through the art of stop-motion animation. In post-production sound effects, music, voice-overs and titles will be added.

Swimming and Hollywood A-List activities will be included as part of our week. A red carpet, popcorn film festival will be hosted on Friday afternoon. Participants will be able to view their films in our private theatre.

GRADES 1-5

| | | | |
|-------|---|---------------------------------------|-------|
| 5 DAY | July 6-10, 13-17, 20-24, 27-31 Aug 10-14, 17-21, 24-28 | Monday - Friday 8:30 am - 4:30 pm | \$295 |
| 4 DAY | Aug 4-7 | Tuesday - Friday 8:30 am - 4:30 pm | \$250 |

DC Pro Advanced Filmmaking Workshop

Young filmmakers will collaboratively with a seasoned, local filmmaker to create a 15-20 minute short film in this Director's Cut camp. They will create a concept, storyboard, and script using advanced digital screenwriting tools, lighting kits, advanced camera techniques, boom microphones and 1080 HD cameras. They will use Final Cut X and engage with 360 VR equipment to create an immersive film experience.

The workshop will also provide learning opportunities for film marketing, including webpage design, social media engagement and movie poster graphic design. Completed films will be entered in various youth film festivals.

Prerequisite: Participants must have at least one-year experience with film, or a Director's Cut program.

GRADES 7-8

| | | | |
|--------|------------|--------------------------------------|-------|
| 10 DAY | July 13-24 | Monday - Friday 8:30 am - 4:30 pm | \$710 |
|--------|------------|--------------------------------------|-------|

TEEN CAMPS

| *green or grey-coloured cell = scheduled camp | | | July | July | July | July | Aug | Aug | Aug | Aug |
|---|------|---------------|-----------|------------|------------|------------|---------|-----------|-----------|-----------|
| Camp | Page | Grade | 6-10 | 13-17 | 20-24 | 27-31 | 4-7 | 10-14 | 17-21 | 24-28 |
| Adapted Sport and Recreation | 9 | Ages 13-17 | | | | | | | | |
| Assistant Lifeguard | 19 | See page | | | | | | | | |
| Backpacking Expedition 101 | 15 | 9-12 | | | July 22-24 | July 29-31 | | | | |
| Backpacking Expedition 201 | 15 | 9-12 | | | | | | | | |
| Canoeing Expedition 101 | 15 | 8-12 | | | | July 29-31 | | Aug 12-14 | | |
| Canoeing Expedition 201 | 15 | 8-12 | | | | | | | Aug 19-21 | |
| City Building Downtown | 20 | 8-10 | | | | | | | | |
| Climb On Outdoors 101 | 16 | 8-12 | | July 15-17 | | | Aug 5-7 | | | |
| Climb On Outdoors 201 | 16 | 8-12 | | | | | | | Aug 19-21 | Aug 26-28 |
| Comic Book Creators | 6 | 5-12 | | | | | | | | |
| Dinos – Basketball Shooting Clinic | 10 | Ages 11+ | | | July 25-26 | | | | | |
| Dinos – Boys/Girls Basketball | 10 | 6-9 | Girls | Boys/Girls | Boys | Boys | | | | |
| Dinos – Boys/Girls Hockey Camps | 11 | U8-U17 | | | | | | | | |
| Dinos – Football Camps | 10 | Atom-Sr. High | | | | | | | | |
| Dinos – High Performance Camps | 11 | 7-12 | | | | | | | | |
| Dinos – Soccer Camps | 11 | U8-U14 | U14 | U12 | U10 | U12/U14 | U8 | U10/U12 | | |
| Dinos – Swimming Camps | 11 | See page | | | | | | | | |
| Dinos – Track & Field | 11 | 2-12 | | | | | | | | |
| Dinos – Volleyball Camps | 11 | Jr.-Sr. High | | | | | | | | |
| Dinos – Wrestling Camps | 11 | Ages 13-15 | | | | | | | | |
| Get into Fly Fishing Day Camp | 16 | 8-12 | | | | | | | | Aug 26-28 |
| Get into Kayaking Day Camp | 16 | 8-12 | | | | | Aug 5-7 | | | |
| Learn to Leap Skating Camp | 21 | Ages 6+ | | | | | | | | |
| Lifeguard Certification | 19 | See page | | | | | Aug 5-7 | Aug 10-12 | | |
| Lifeguard and Swim Instructor Prep Camp | 19 | See page | | | | | | | | |
| Mountain Biking Expedition | 15 | 8-12 | | July 15-17 | | | | | | |
| Multi-Racquet Camp | 17 | 7-9 | | | | | | | | |
| Rafting Expedition | 15 | 8-12 | July 8-10 | | | | | | | |
| Senior Mermaids | 19 | 12+ | | | | | | | | |
| Soar and More Day Camp | 16 | 8-12 | | | | | | | Aug 19-21 | |
| Stay Safe Babysitters Camp | 19 | See page | July 6-9 | | | | | | | |
| Street Art Camp | 8 | 9-11 | | | | | | | Aug 19-21 | |
| Word Nerds | 9 | 8-11 | | | | | | | | |
| Youth Triathlon | 16 | 5-12 | | | | | | | | |

YOUTH CAMPS BY GRADE AND AGE

| Camp | Grade | | | | | | | | |
|----------------------------|-------|---|---|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| Active Gamers | | | | | | | | | |
| Blockbuster Filmmaking | | | | | | | | | |
| Broadway Bound | | | | | | | | | |
| City Building Downtown | | | | | | | | | |
| Claymation @24 FPS | | | | | | | | | |
| Climb On! | | | | | | | | | |
| Comic Book Creators | | | | | | | | | |
| Discover Design | | | | | | | | | |
| DC Pro Advanced Filmmaking | | | | | | | | | |
| Early Minds | | | | | | | | | |
| Energy Engineering | | | | | | | | | |
| Engineering 101 | | | | | | | | | |
| Engscape Room | | | | | | | | | |
| Future Design Studio | | | | | | | | | |
| Geoventure | | | | | | | | | |
| Girls Applied Science | | | | | | | | | |
| Girls Technology | | | | | | | | | |
| Gymnastics | | | | | | | | | |
| I Wanna Rock | | | | | | | | | |
| Kananaskis Explorers | | | | | | | | | |

| Camp | Grade | | | | | | | | |
|------------------------------|-------|---|---|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| Keiki Longboarding | | | | | | | | | |
| Kinder Kamp A&B | | | | | | | | | |
| Krank Factory | | | | | | | | | |
| Kreative Kids | | | | | | | | | |
| Learn to Leap Skating Camp | | | | | | | | | |
| LEGO Animation Camp | | | | | | | | | |
| MediCamp | | | | | | | | | |
| MegaVenture | | | | | | | | | |
| Mermaid University | | | | | | | | | |
| Mini Black Belts | | | | | | | | | |
| Mini Brick Builders | | | | | | | | | |
| Mini Camp Sampler | | | | | | | | | |
| Mini Musicians | | | | | | | | | |
| Mini Musketeers (Grades 3-8) | | | | | | | | | |
| Mini Pro Golfers | | | | | | | | | |
| Mini Sport | | | | | | | | | |
| Mini U 101 | | | | | | | | | |
| Mini U Spring Break Camp | | | | | | | | | |
| Multi-Racquet Camps | | | | | | | | | |
| Natural Sciences | | | | | | | | | |

| Camp | Grade | | | | | | | | |
|---------------------------|-------|---|---|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| Outdoor Spring Break Camp | | | | | | | | | |
| Packs and Pixels | | | | | | | | | |
| Physics 101 | | | | | | | | | |
| Science Trek | | | | | | | | | |
| Sky Science | | | | | | | | | |
| Technology | | | | | | | | | |
| Thrill of the Catch | | | | | | | | | |
| Tots on Treks | | | | | | | | | |
| Tour de Calgary | | | | | | | | | |
| Trampoline and Tumbling | | | | | | | | | |
| Wilderness Survivor | | | | | | | | | |
| Word Nerds | | | | | | | | | |
| World of Watersports | | | | | | | | | |
| Vet Camp | | | | | | | | | |
| Young Entrepreneurs | | | | | | | | | |
| Youth Triathlon | | | | | | | | | |



* Grade refers to the Grade campers are entering in the fall.

