

# UCalgary Aquatic Schedule

## July 7-13, 2025

| Monday |                                    |             | Tuesday |                                 |                                     | Wednesday |                                     |                        | Thursday |                                 |                                        | Friday                      |                                 |                  | Saturday |                                 |             | Sunday |                                           |      |     |  |  |  |  |
|--------|------------------------------------|-------------|---------|---------------------------------|-------------------------------------|-----------|-------------------------------------|------------------------|----------|---------------------------------|----------------------------------------|-----------------------------|---------------------------------|------------------|----------|---------------------------------|-------------|--------|-------------------------------------------|------|-----|--|--|--|--|
| 7      |                                    |             | 8       |                                 |                                     | 9         |                                     |                        | 10       |                                 |                                        | 11                          |                                 |                  | 12       |                                 |             | 13     |                                           |      |     |  |  |  |  |
| Time   | Shallow                            | Deep        | Time    | Shallow                         | Deep                                | Time      | Shallow                             | Deep                   | Time     | Shallow                         | Deep                                   | Time                        | Shallow                         | Deep             | Time     | Shallow                         | Deep        | Time   | Shallow                                   | Deep |     |  |  |  |  |
| 515    | CAMPS                              |             | 515     | CAMPS                           |                                     | 515       | CAMPS                               |                        | 515      | CAMPS                           |                                        | 515                         | CAMPS                           |                  | 515      |                                 |             | 515    |                                           |      |     |  |  |  |  |
| 530    | CAMPS                              |             | 530     | CAMPS                           |                                     | 530       | CAMPS                               |                        | 530      | CAMPS                           |                                        | 530                         | CAMPS                           |                  | 530      | 25m Deck Access                 |             | 530    |                                           |      |     |  |  |  |  |
| 545    | 25m                                | Deck Access | 545     | 50m                             | Deck Access                         | 545       | 25m                                 | Deck Access            | 545      | 50m                             | Deck Access                            | 545                         |                                 |                  | 545      | 25m                             | Deck Access | 545    |                                           |      |     |  |  |  |  |
| 600    | FSA<br>Max 40<br>athletes          |             | 600     | FSA<br>Max 40 athletes          |                                     | 600       | FSA<br>Max 40<br>athletes           |                        | 600      | FSA<br>Max 40 athletes          |                                        | 600                         |                                 |                  | 600      | FSA Max 80 Athletes             |             | 600    |                                           |      |     |  |  |  |  |
| 615    |                                    |             | 615     |                                 |                                     | 615       |                                     |                        | 615      |                                 |                                        | 615                         |                                 |                  | 615      |                                 |             | 615    |                                           |      |     |  |  |  |  |
| 630    |                                    |             | 630     |                                 |                                     | 630       |                                     |                        | 630      |                                 |                                        | 630                         |                                 |                  | 630      |                                 |             | 630    |                                           |      |     |  |  |  |  |
| 645    |                                    |             | 645     |                                 |                                     | 645       |                                     |                        | 645      |                                 |                                        | 645                         |                                 |                  | 645      |                                 |             | 645    |                                           |      |     |  |  |  |  |
| 700    |                                    |             | 700     |                                 |                                     | 700       |                                     |                        | 700      |                                 |                                        | 700                         |                                 |                  | 700      |                                 |             | 700    |                                           |      | 700 |  |  |  |  |
| 715    | Adult Lane<br>Swim<br>8 x 25       |             | 715     | Adult Lane<br>Swim50m           | Adult Lane<br>Swim50m               | 715       | Adult Lane<br>Swim<br>8 x 25        |                        | 715      | Adult Lane<br>Swim50m           | FSA<br>Max 40<br>Adult Lane<br>Swim50m | 715                         | 25m Deck Access                 |                  | 715      | FSA Max 80 Athletes             |             | 715    |                                           |      |     |  |  |  |  |
| 730    |                                    |             | 730     |                                 |                                     | 730       |                                     |                        | 730      |                                 |                                        | 730                         |                                 |                  | 730      |                                 |             | 730    |                                           |      |     |  |  |  |  |
| 745    |                                    |             | 745     |                                 |                                     | 745       |                                     |                        | 745      |                                 |                                        | 745                         |                                 |                  | 745      |                                 |             | 745    |                                           |      |     |  |  |  |  |
| 800    |                                    |             | 800     |                                 |                                     | 800       |                                     |                        | 800      |                                 |                                        | Adult Lane Swim<br>16 x 25m |                                 | 800              | 800      |                                 |             |        |                                           |      |     |  |  |  |  |
| 815    |                                    |             | 815     |                                 |                                     | 815       |                                     |                        | 815      |                                 |                                        |                             |                                 | 815              | 815      |                                 |             | 815    |                                           |      |     |  |  |  |  |
| 830    |                                    |             | 830     |                                 |                                     | 830       |                                     |                        | 830      |                                 |                                        |                             |                                 | 830              | 830      |                                 |             | 830    |                                           |      |     |  |  |  |  |
| 845    |                                    |             | 845     |                                 |                                     | 845       |                                     |                        | 845      |                                 |                                        |                             |                                 | 845              | 845      |                                 |             | 845    |                                           |      |     |  |  |  |  |
| 900    |                                    |             | 900     | ropes/bulkhead/ropes            |                                     | 900       |                                     |                        | 900      | ropes/bulkhead/ropes            |                                        | 900                         | Dinos Swim<br>Camp<br>Max 50    | Aquatic<br>Camps | 900      | Public/Lane Swim<br>14 x 25m    |             | 900    | Paul<br>Armstrong<br>(Max 24)             |      |     |  |  |  |  |
| 915    | Dinos Swim<br>Camp<br>Max 50       |             | 915     | Dinos Swim<br>Camp<br>Max 50    |                                     | 915       | Dinos Swim<br>Camp<br>Max 50        |                        | 915      | Dinos Swim<br>Camp<br>Max 50    |                                        | 915                         |                                 |                  | 915      |                                 |             | 915    |                                           |      |     |  |  |  |  |
| 930    |                                    |             | 930     |                                 |                                     | 930       |                                     |                        | 930      |                                 |                                        | 930                         |                                 |                  | 930      |                                 |             | 930    |                                           |      |     |  |  |  |  |
| 945    |                                    |             | 945     |                                 |                                     | 945       |                                     |                        | 945      |                                 |                                        | 945                         |                                 |                  | 945      |                                 |             | 945    |                                           |      |     |  |  |  |  |
| 1000   |                                    |             | 1000    |                                 |                                     | 1000      |                                     |                        | 1000     |                                 |                                        | 1000                        |                                 |                  | 1000     |                                 |             | 1000   |                                           |      |     |  |  |  |  |
| 1015   | MiniU<br>84 campers - 6 groups     |             | 1015    | MiniU<br>100 campers - 7 groups |                                     | 1015      | MiniU<br>112 campers - 8 groups     |                        | 1015     | MiniU<br>112 campers - 8 groups |                                        | 1015                        | MiniU<br>88 campers - 7 groups  |                  | 1015     | Bronze Cross                    |             | 1015   | Paul<br>Armstrong<br>(Max 24)             |      |     |  |  |  |  |
| 1030   |                                    |             | 1030    |                                 |                                     | 1030      |                                     |                        | 1030     |                                 |                                        | 1030                        |                                 |                  | 1030     |                                 |             | 1030   |                                           |      |     |  |  |  |  |
| 1045   |                                    |             | 1045    |                                 |                                     | 1045      |                                     |                        | 1045     |                                 |                                        | 1045                        |                                 |                  | 1045     |                                 |             | 1045   |                                           |      |     |  |  |  |  |
| 1100   |                                    |             | 1100    |                                 |                                     | 1100      |                                     |                        | 1100     |                                 |                                        | 1100                        |                                 |                  | 1100     |                                 |             | 1100   |                                           |      |     |  |  |  |  |
| 1115   |                                    |             | 1115    |                                 |                                     | 1115      |                                     |                        | 1115     |                                 |                                        | 1115                        |                                 |                  | 1115     |                                 |             | 1115   |                                           |      |     |  |  |  |  |
| 1130   | Adult/Youth<br>Lane Swim<br>25m    |             | 1130    | Adult/Youth<br>Lane Swim<br>25m |                                     | 1130      | Adult/Youth<br>Lane Swim<br>25m     |                        | 1130     | Adult/Youth<br>Lane Swim<br>25m |                                        | 1130                        | Adult/Youth<br>Lane Swim<br>25m |                  | 1130     | Public/Lane Swim<br>14 x 25m    |             | 1130   | Paul<br>Armstrong<br>(Max 24)             |      |     |  |  |  |  |
| 1145   |                                    |             | 1145    |                                 |                                     | 1145      |                                     |                        | 1145     |                                 |                                        | 1145                        |                                 |                  | 1145     |                                 |             | 1145   |                                           |      |     |  |  |  |  |
| 1200   |                                    |             | 1200    |                                 |                                     | 1200      |                                     |                        | 1200     |                                 |                                        | 1200                        |                                 |                  | 1200     |                                 |             | 1200   |                                           |      |     |  |  |  |  |
| 1215   |                                    |             | 1215    |                                 |                                     | 1215      |                                     |                        | 1215     |                                 |                                        | 1215                        |                                 |                  | 1215     |                                 |             | 1215   |                                           |      |     |  |  |  |  |
| 1230   |                                    |             | 1230    |                                 |                                     | 1230      |                                     |                        | 1230     |                                 |                                        | 1230                        |                                 |                  | 1230     |                                 |             | 1230   |                                           |      |     |  |  |  |  |
| 1245   | Dinos Swim<br>Camp - 50            | 25 m        | 1245    | Dinos Swim<br>Camp<br>Max 50    | Aquatic<br>Camps                    | 1245      | Dinos Swim<br>Camp - 50             | 25 m                   | 1245     | Dinos Swim<br>Camp - 50         | 25 m                                   | 1245                        | Dinos Swim<br>Camp<br>Max 50    | Aquatic<br>Camps | 1245     | Bronze Cross                    |             | 1245   | Family and Adult<br>Lane Swim<br>14 x 25m |      |     |  |  |  |  |
| 1300   |                                    |             | 1300    |                                 |                                     | 1300      |                                     |                        | 1300     |                                 |                                        | 1300                        |                                 |                  | 1300     |                                 |             | 1300   |                                           |      |     |  |  |  |  |
| 1315   |                                    |             | 1315    |                                 |                                     | 1315      |                                     |                        | 1315     |                                 |                                        | 1315                        |                                 |                  | 1315     |                                 |             | 1315   |                                           |      |     |  |  |  |  |
| 1330   |                                    |             | 1330    |                                 |                                     | 1330      |                                     |                        | 1330     |                                 |                                        | 1330                        |                                 |                  | 1330     |                                 |             | 1330   |                                           |      |     |  |  |  |  |
| 1345   |                                    |             | 1345    |                                 |                                     | 1345      |                                     |                        | 1345     |                                 |                                        | 1345                        |                                 |                  | 1345     |                                 |             | 1345   |                                           |      |     |  |  |  |  |
| 1400   | Aquatic<br>Camps                   |             | 1400    | ropes/bulkhead/ropes            |                                     | 1400      | Aquatic<br>Camps                    |                        | 1400     | Aquatic<br>Camps                |                                        | 1400                        | ropes/bulkhead/ropes            |                  | 1400     | FSA Max 40                      |             | 1400   |                                           |      |     |  |  |  |  |
| 1415   | FSA Max 40                         |             | 1415    | FSA Max 40                      |                                     | 1415      | FSA Max 40                          |                        | 1415     | FSA Max 40                      |                                        | 1415                        | FSA Max 40                      |                  | 1415     |                                 |             | 1415   |                                           |      |     |  |  |  |  |
| 1430   |                                    |             | 1430    |                                 |                                     | 1430      |                                     |                        | 1430     |                                 |                                        | 1430                        |                                 |                  | 1430     |                                 |             | 1430   |                                           |      |     |  |  |  |  |
| 1445   |                                    |             | 1445    |                                 |                                     | 1445      |                                     |                        | 1445     |                                 |                                        | 1445                        |                                 |                  | 1445     |                                 |             | 1445   |                                           |      |     |  |  |  |  |
| 1500   |                                    |             | 1500    |                                 |                                     | 1500      |                                     |                        | 1500     |                                 |                                        | 1500                        |                                 |                  | 1500     |                                 |             | 1500   |                                           |      |     |  |  |  |  |
| 1515   | 25m                                |             | 1515    | 50 m                            |                                     | 1515      | 25m                                 |                        | 1515     | 25m                             |                                        | 1515                        | 50 m                            |                  | 1515     | FSA Max 120 Athletes            |             | 1515   |                                           |      |     |  |  |  |  |
| 1530   | FSA<br>Max 80 athletes             |             | 1530    | FSA<br>Max 80 Athletes          |                                     | 1530      | FSA<br>Max 80 athletes              |                        | 1530     | FSA<br>Max 80 athletes          |                                        | 1530                        | FSA<br>Max 80 Athletes          |                  | 1530     |                                 |             | 1530   |                                           |      |     |  |  |  |  |
| 1545   |                                    |             | 1545    |                                 |                                     | 1545      |                                     |                        | 1545     |                                 |                                        | 1545                        |                                 |                  | 1545     |                                 |             | 1545   |                                           |      |     |  |  |  |  |
| 1600   |                                    |             | 1600    |                                 |                                     | 1600      |                                     |                        | 1600     |                                 |                                        | 1600                        |                                 |                  | 1600     |                                 |             | 1600   |                                           |      |     |  |  |  |  |
| 1615   |                                    |             | 1615    |                                 |                                     | 1615      |                                     |                        | 1615     |                                 |                                        | 1615                        |                                 |                  | 1615     |                                 |             | 1615   |                                           |      |     |  |  |  |  |
| 1630   | FSA<br>Max 80 athletes             |             | 1630    | FSA<br>Max 80 Athletes          |                                     | 1630      | FSA<br>Max 80 athletes              |                        | 1630     | FSA<br>Max 80 athletes          |                                        | 1630                        | FSA<br>Max 80 Athletes          |                  | 1630     | Adult/Youth<br>Lane Swim<br>25m |             | 1630   | Junior<br>Triathlon<br>Club               |      |     |  |  |  |  |
| 1645   |                                    |             | 1645    |                                 |                                     | 1645      |                                     |                        | 1645     |                                 |                                        | 1645                        |                                 |                  | 1645     |                                 |             | 1645   |                                           |      |     |  |  |  |  |
| 1700   |                                    |             | 1700    |                                 |                                     | 1700      |                                     |                        | 1700     |                                 |                                        | 1700                        |                                 |                  | 1700     |                                 |             | 1700   |                                           |      |     |  |  |  |  |
| 1715   |                                    |             | 1715    |                                 |                                     | 1715      |                                     |                        | 1715     |                                 |                                        | 1715                        |                                 |                  | 1715     |                                 |             | 1715   |                                           |      |     |  |  |  |  |
| 1730   |                                    |             | 1730    |                                 |                                     | 1730      |                                     |                        | 1730     |                                 |                                        | 1730                        |                                 |                  | 1730     |                                 |             | 1730   |                                           |      |     |  |  |  |  |
| 1745   | 8 x 25m                            |             | 1745    |                                 |                                     | 1745      |                                     |                        | 1745     |                                 |                                        | 1745                        |                                 |                  | 1745     | Clean Up                        |             | 1745   | Clean Up                                  |      |     |  |  |  |  |
| 1800   |                                    |             | 1800    |                                 |                                     | 1800      |                                     |                        | 1800     |                                 |                                        | 1800                        |                                 |                  | 1800     |                                 |             | 1800   |                                           |      |     |  |  |  |  |
| 1815   |                                    |             | 1815    |                                 |                                     | 1815      |                                     |                        | 1815     |                                 |                                        | 1815                        |                                 |                  | 1815     |                                 |             | 1815   |                                           |      |     |  |  |  |  |
| 1830   |                                    |             | 1830    |                                 |                                     | 1830      |                                     |                        | 1830     |                                 |                                        | 1830                        |                                 |                  | 1830     |                                 |             | 1830   |                                           |      |     |  |  |  |  |
| 1845   |                                    |             | 1845    |                                 |                                     | 1845      |                                     |                        | 1845     |                                 |                                        | 1845                        |                                 |                  | 1845     |                                 |             | 1845   |                                           |      |     |  |  |  |  |
| 1900   | Adult/Youth Lane Swim<br>16 x 25 m |             | 1900    | Junior<br>Triathlon<br>Club     | Adult/Youth<br>Lane Swim<br>8 x 25m | 1900      | Adult/Youth<br>Lane Swim<br>8 x 25m | Swordfish<br>Swim Club | 1900     | Junior<br>Triathlon<br>Club     | Adult/Youth<br>Lane Swim<br>8 x 25m    | 1900                        | ropes/bulkhead/ropes            |                  | 1900     |                                 |             | 1900   |                                           |      |     |  |  |  |  |
| 1915   | 1915                               | 1915        | 1915    | 1915                            |                                     | 1915      | 1915                                |                        |          |                                 |                                        |                             |                                 |                  |          |                                 |             |        |                                           |      |     |  |  |  |  |
| 1930   | 1930                               | 1930        | 1930    | 1930                            |                                     | 1930      | 1930                                |                        |          |                                 |                                        |                             |                                 |                  |          |                                 |             |        |                                           |      |     |  |  |  |  |
| 1945   | 1945                               | 1945        | 1945    | 1945                            |                                     | 1945      | 1945                                |                        |          |                                 |                                        |                             |                                 |                  |          |                                 |             |        |                                           |      |     |  |  |  |  |
| 2000   | 2000                               | 2000        | 2000    | 2000                            |                                     | 2000      | 2000                                |                        |          |                                 |                                        |                             |                                 |                  |          |                                 |             |        |                                           |      |     |  |  |  |  |
| 2015   | 2015                               | 2015        | 2015    | 2015                            |                                     | 2015      | 2015                                |                        |          |                                 |                                        |                             |                                 |                  |          |                                 |             |        |                                           |      |     |  |  |  |  |
| 2030   | 2030                               | 2030        | 2030    | 2030                            |                                     | 2030      | 2030                                |                        |          |                                 |                                        |                             |                                 |                  |          |                                 |             |        |                                           |      |     |  |  |  |  |
| 2045   | 2045                               | 2045        | 2045    | 2045                            |                                     | 2045      | 2045                                |                        |          |                                 |                                        |                             |                                 |                  |          |                                 |             |        |                                           |      |     |  |  |  |  |
| 2100   | 2100                               | 2100        | 2100    | 2100                            |                                     | 2100      | 2100                                |                        |          |                                 |                                        |                             |                                 |                  |          |                                 |             |        |                                           |      |     |  |  |  |  |
| 2115   | 2115                               | 2115        | 2115    | 2115                            |                                     | 2115      | 2115                                |                        |          |                                 |                                        |                             |                                 |                  |          |                                 |             |        |                                           |      |     |  |  |  |  |
| 2130   | 2130                               | 2130        | 2130    | 2130                            | 2130                                | 2130      |                                     |                        |          |                                 |                                        |                             |                                 |                  |          |                                 |             |        |                                           |      |     |  |  |  |  |
| 2145   | 2145                               | 2145        | 2145    | 2145                            | 2145                                | 2145      |                                     |                        |          |                                 |                                        |                             |                                 |                  |          |                                 |             |        |                                           |      |     |  |  |  |  |
| 2200   | 2200                               | 2200        | 2200    | 2200                            | 2200                                | 2200      |                                     |                        |          |                                 |                                        |                             |                                 |                  |          |                                 |             |        |                                           |      |     |  |  |  |  |
| 2215   | 2215                               | 2215        | 2215    | 2215                            | 2215                                | 2215      |                                     |                        |          |                                 |                                        |                             |                                 |                  |          |                                 |             |        |                                           |      |     |  |  |  |  |
| 2230   | 2230                               | 2230        | 2230    | 2230                            | 2230                                | 2230      |                                     |                        |          |                                 |                                        |                             |                                 |                  |          |                                 |             |        |                                           |      |     |  |  |  |  |
| 2245   | 2245                               | 2245        | 2245    | 2245                            | 2245                                | 2245      |                                     |                        |          |                                 |                                        |                             |                                 |                  |          |                                 |             |        |                                           |      |     |  |  |  |  |