

UCalgary Aquatic Schedule

January 19-25

Monday 19			Tuesday 20			Wednesday 21			Thursday 22			Friday 23			Saturday 24			Sunday 25								
Time	Shallow	Deep	Time	Shallow	Deep	Time	Shallow	Deep	Time	Shallow	Deep	Time	Shallow	Deep	Time	Shallow	Deep	Time	Shallow	Deep						
515	25m	Deck Access	515	50m	Deck Access	515	25m	Deck Access	515	50m	Deck Access	515	25m	Deck Access	515	25m	Deck Access	515								
530			530			530			530			530			530			530								
545	FSA		545	FSA		545	FSA		545	FSA		545	FSA		545	FSA		545								
600	Max 40 athletes	VARSITY Max 40 athletes	600	Max 80 athletes		600	Max 40 athletes	VARSITY Max 40 athletes	600	Max 80 athletes		600	Max 40 athletes	VARSITY Max 40 athletes	600	Max 80 athletes		600								
615			615			615			615		615		615			615		615		615						
630				630			630			630		630			630		630		630		630					
645				645			645			645		645			645		645		645		645					
700			700			700			700			700			700			700								
715			715	VARSITY Max 40 athletes	50m	715	4		715	VARSITY Max 40 athletes	50m	715			715	FSA Max 40 athletes	VARSITY Max 40 athletes	715								
730			730			730			730			730			730			730								
745			745			745			745			745			745			745								
800	Adult / Youth Lane Swim	Killarney Synchro 4 lanes	800	Adult / Youth Lane Swim 8 x 50m		800	Adult / Youth Lane Swim	Killarney Synchro 4 lanes	800	Adult / Youth Lane Swim 8 x 50m		800	Adult / Youth Lane Swim	Killarney Synchro 4 lanes	800	Adult / Youth Lane Swim	Medallion	800	OC WW Kayak Roll Intro	Medallion						
815			815			815			815		815		815			815			815			815				
830				830			830			830		830			830			830			830		830			
845				845			845			845		845			845			845			845		845			
900			900			900			900			900			900			900								
915			915			915			915			915			915			915								
930			930			930			930			930			930			930								
945			945			945			945			945			945			945								
1000			1000	Deep Water Workout Class 11-12 (below)		1000			1000			1000			1000			1000								
1015			1015			1015			1015			1015			1015			1015								
1030			1030			1030			1030			1030			1030			1030								
1045			1045			1045			1045			1045			1045			1045								
1100			1100			1100			1100			1100			1100			1100								
1115			1115	6	Deep	6	Work		1115			1115			1115			1115								
1130			1130			1130			1130			1130			1130			1130								
1145			1145			1145			1145			1145			1145			1145								
1200	Adult / Youth Lane Swim	Killarney Synchro 4 lanes	1200	Adult / Youth Lane Swim	Killarney Synchro 4 lanes	1200	Adult / Youth Lane Swim	Killarney Synchro 4 lanes	1200	Adult / Youth Lane Swim	Killarney Synchro 4 lanes	1200	Adult / Youth Lane Swim	Killarney Synchro 4 lanes	1200	Adult / Youth Lane Swim	Medallion	1200	FSA max 80	Medallion						
1215			1215				1215					1215				1215					1215		1215			
1230				1230					1230				1230					1230				1230		1230		
1245				1245					1245				1245					1245				1245		1245		
1300			1300			1300			1300			1300			1300			1300								
1315			1315			1315			1315			1315			1315			1315								
1330			1330			1330			1330			1330			1330			1330								
1345			1345			1345			1345			1345			1345			1345								
1400	25m		1400	50m		1400	25m		1400	25m		1400	ropes / BH / ropes 50m		1400	Family / Lane Swim	12 x 25m	4	1400	Lane Swim 6 x 25m						
1415			1415			1415			1415			1415			1415			1415								
1430			1430			1430			1430			1430			1430			1430								
1445			1445			1445			1445			1445			1445			1445								
1500	VARSITY Max 40 athletes		1500	VARSITY Max 40 athletes		1500	VARSITY Max 40 athletes		1500	VARSITY Max 40 athletes		1500	VARSITY Max 40 athletes		1500	VARSITY Max 40 athletes		1500								
1515			1515			1515			1515			1515			1515			1515								
1530			1530			1530			1530			1530			1530			1530								
1545			1545			1545			1545			1545			1545			1545								
1600	25m		1600	50m		1600	25m		1600	25m		1600	50m		1600	FSA Max 120 athletes		1600								
1615			1615			1615			1615			1615			1615			1615								
1630			1630			1630			1630			1630			1630			1630								
1645			1645			1645			1645			1645			1645			1645								
1700			1700			1700			1700			1700			1700			1700								
1715			1715			1715			1715			1715			1715			1715								
1730			1730			1730			1730			1730			1730			1730								
1745	Adult/ Youth Lane Swim	10 Lanes	1745			1745			1745	Adult/ Youth Lane Swim	10 Lanes	1745			1745			1745								
1800			1800			1800			1800				1800			1800			1800							
1815				1815			1815			1815				1815			1815			1815						
1830				1830			1830			1830				1830			1830			1830						
1845			1845			1845			1845			1845			1845			1845								
1900			1900			1900			1900			1900			1900			1900								
1915			1915			1915			1915			1915			1915			1915								
1930	Adult Swim Lessons 4 lanes	2 x 25m Killarney Synchro 6	1930			1930	8 Lanes	Killarney 8	1930	Junior Triathlon Club	Killarney 8	1930	Lane Swim	2 Medallion	1930	Adult / Youth Lane Swim	14 x 25m	1930	Adaptive	Adult / Youth Lane Swim						
1945			1945	Junior Triathlon Club	Killarney Synchro 6	4			1945			1945			1945			1945			1945		1945			
2000				2000			2000					2000				2000					2000			2000		
2015				2015			2015					2015				2015					2015			2015		
2030			2030			2030			2030			2030			2030			2030								
2045			2045			2045			2045			2045			2045			2045								
2100			2100			2100			2100			2100			2100			2100								
2115			2115			2115			2115			2115			2115			2115								
2130			2130			2130			2130			2130			2130			2130								
2145			2145			2145			2145			2145			2145			2145								
2200			2200			2200			2200			2200			2200			2200								
2215			2215			2215			2215			2215			2215			2215								
2230			2230			2230			2230			2230			2230			2230								
2245			2245			2245			2245			2245			2245			2245								