

NCCP Gymnastics Coach

Each session (fall, winter, spring, & summer) Cochrane Gymnastics hires qualified coaches to coach a variety of ages and levels based on qualifications. Programs range from Pre-school aged children, beginner, intermediate, and advanced recreation for both women artistic and trampoline and tumbling. We also have a variety of performance & interclub teams as well as developmental competitive programs. Coaches can choose to coach one day a week for a 10-13 week session, or become a more continuous coach from session to session. We pride ourselves on teaching proper techniques safely, while having fun on all of our fantastic equipment! As a gymnastics coach, you have the opportunity to provide not only technical gymnastics skills, but “life” skills that will help mold a child into a confident, well-rounded individual.

Position Information

Shifts: Coaching opportunities Monday-Saturday 9-8pm on most days and Sunday birthdays parties from 9-6pm

Dates: Sessional by season (Fall, Winter, Spring &/or Summer)

Rate of Pay: \$15-\$25.00 based on qualifications & experience

Location: Cochrane Gymnastics, Spray Lake Family Sports Centre – Cochrane AB

NCCP Coach Responsibilities include but not limited to:

1. Coaching gymnastic classes in a safe, fun, technical manner
2. Preparing lesson plans to accommodate various levels (as needed)
3. Listening and addressing participant or parent questions or concerns
4. Communicate to onsite supervisor or coordinator regularly
5. Informing participants of special notices or events
6. Ensuring class lists are accurate and attendance is taken
7. Ensuring playing area is safe and playable
8. Accountable for equipment and its return
9. Executing professionalism, and adhering to policies and procedures
10. Administer simple and small athletic first aid needs (Ice packs, Band-Aids, Tensor bandages) and reporting all incidents through our online OH&S system
11. Participate in coaching development opportunities as they arise

A comprehensive list of skills and progressions are provided for coaches use to finalize lesson plans for children that are 6 years old and up. For Pre-school aged children all of the lesson plans are provided for coaches to implement however are given the flexibility to alter the plan as they see fit to ensure participants are challenged according to their own individual strengths. Coaches are required to complete a minimum of 3 hours each day/shift they coach within. Coaches are provided a staff t-shirt and other attire as available.

Qualifications:

1. Minimum of NCCP Foundations Trained in Artistic or Trampoline
2. Must love working with children
3. Strong understanding of safety and how it relates to gymnastics
4. Ability to assess a gymnast and provide technical development & encouragement
5. Organization and time management skills
6. First-aid or CPR training
7. Excellent communications skills

To Apply:

Please submit your resume or contact us with any questions via email to TC Rogers tcrogers@ucalgary.ca