



LEARN TO SWIM PROGRAM COMPARISON BY ORGANIZATION

RED CROSS SWIM PRESCHOOL	I CAN SWIM
Starfish	Ducklings (3 mth – 1 yr)
Duck	Dinos (1-3 yrs)
Sea Turtle	Dinos (1-3 yrs)
Sea Otter	Dolphins 1
Salamander	Dolphins 1
Sunfish	Dolphins 2
Crocodile	Dolphins 3
Whale	Dolphins 3
RED CROSS SWIM KIDS	I CAN SWIM
Red Cross Swim Kids 1	Stage 1 – Beginner
Red Cross Swim Kids 2	Stage 1 - Intermediate
Red Cross Swim Kids 3	Stage 1 – Advanced
Red Cross Swim Kids 4	Stage 2 – Beginner
Red Cross Swim Kids 5	Stage 2 – Intermediate
Red Cross Swim Kids 6	Stage 2 – Advanced
Red Cross Swim Kids 7	Stage 3 – Beginner
Red Cross Swim Kids 8	Stage 3 – Intermediate
Red Cross Swim Kids 9	Stage 3 – Advanced
Red Cross Swim Kids 10	Stage 3 – Advanced
RED CROSS SWIM	I CAN SWIM – Aquatics for Life
Red Cross Swim Basics 1	The Start
Red Cross Swim Basics 2	The Next Step
Strokes or Sports Triathlon/Swim Workout	Aquatics for Fitness

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*Comparison chart should be used as a guide only. Please reference the **Red Cross Swim instructor worksheets** to ensure participants are registered in the appropriate level.*