

**Title:** Personal Trainer (Part Time)

**Location:** The University of Calgary

**Closing date:** September 19, 2022

The University of Calgary's Active Living department is seeking a part-time personal trainer to join our team. We are looking for someone who is enthusiastic about health and fitness and has a passion for helping others.

**The successful candidate will have:**

- Bachelor's degree in Kinesiology, Physical Education, or related degree
- A Canadian Society for Exercise Physiology (CSEP) Certified Personal Trainer designation or Clinical Exercise Physiologist designation (or an equivalent certification)
  - An additional National Strength and Conditioning Association (NSCA) Strength and Conditioning Specialist certification considered an asset
- At least three years' experience working directly with clients
- Group Fitness coaching experience
- Current Standard First Aid and CPR-C certifications
- Strong communication, customer service, and time management skills
- Proficient knowledge of Microsoft Office, including Outlook, Teams, Excel and Word
  - Experience working with Simpleset considered an asset

**The personal trainer will:**

- Administer fitness appraisals following CSEP protocols
- Be proficient in designing and implementing training programs for a wide variety of clientele (general population, athletic, youth, and chronic conditions)
- Work in both one-on-one and in small group settings (up to 14 clients) to help clients achieve their health and fitness goals
- Be professional, punctual, and reliable
- Be responsible for confirming client bookings and managing your own calendar
- Be available to work flexible hours, especially evenings and weekends
- Demonstrate Active Living's values: integrity, respect, engagement, inclusion, distinction, and wellbeing

The successful candidate will be required to work evenings and weekends. Total hours will vary dependent on client referrals, starting between 6-10 hours/ week with opportunities to grow quickly.

**Salary:** Will be based on qualifications and experience

**Contact:**

Please send cover letters, resumes, and/or inquiries to  
Rachel Hall

Email: [rachel.hall@ucalgary.ca](mailto:rachel.hall@ucalgary.ca)

Phone: (403) 220-4374