

# Volleyball

**C.V.A. rules shall be applied whenever possible, unless otherwise indicated.**

*Revised August 2021*

## **General Intramural Sports Regulations:**

- There is no warm up equipment provided.
- Games that start late will finish on time. Halves will be shortened to accommodate the scheduled end time. There will be no extra time added.
- Team rosters are to be submitted and completed online by the team captain (individual who registered the team) prior to the players meeting. To complete your roster you will need to know each players UCID number and associated email address. All players who do not have a UCID number must contact Client Services at 403-220-7749 to request a UCID number.
  - Input your roster online at <http://www.ucalgary.ca/activeliving/> (Click on your name, drop down to 'My Teams', add email).
- All players must be added to the roster by the Captain's meeting. Players may be added after at the Coordinator's discretion.
- All players must complete an online waiver before they are allowed to play. Instructions on how to sign online waivers can be found at <http://www.ucalgary.ca/activeliving/how-to-register> (Click on shopping cart next to name, waivers).
- If waivers are not signed before league play, those players are taken off of the roster.
- All players must be prepared to check in with the supervisor for every game with a piece of photo identification.
- In Competitive Leagues, to be eligible for playoffs a player must have played in at least one regular season game and be on the team roster with an online waiver signed. Teams must meet the Fair Play requirements (3.5 average).
- **Suspended players may not be present during scheduled games, if so, the entire team shall be suspended indefinitely.**
- Any games that end after 30 minutes of scheduled play time will be considered a completed game and will not be rescheduled.
- Current Intercollegiate are not permitted to play during their season in the same or similar sport.
- Former professional athletes are not permitted to play.
- Intramural Sports has a **Zero-Tolerance policy for fighting and abuse of staff and other intramural participants**. This will be strictly enforced.
- All recreational leagues are "Open": open to all genders and there are no gender minimums

For a complete list of policies, see <http://www.ucalgary.ca/activeliving/intramurals/policies-regulations> .

## **Defaults:**

- A default will occur when a team fails to appear or fails to have the minimum number of players necessary to start the game. Teams will have ten (10) minutes after the scheduled start time to field the minimum number of players needed to start the game, failing to do so will result in a default.
- All defaults will result in a Fairplay rating of zero (0) and -3pts from the standings.
- Defaults will result in the loss of the \$60 Default Bond and a second \$120 bond will be due before the next match. A second default will result in the loss of this second bond. A third default may result in removal from the league.

- Teams that give Intramural Sports a minimum of forty-eight (48) hours' notice that they will not be able to field a team will not be charged with a default, the game will be declared a forfeit.

### Playing Rules:

- The Competitive Leagues will be provided with referees. Teams can provide their own linesmen if they want.
- Teams may play with 4 players. However, if either team does not have 5 players at least 10 minutes after the schedule start time, the first game will be defaulted. If after another 10 minutes (20 minute total) there still aren't at least 5 players, the match will be forfeit.
- Default scores will be recorded as a 2-0 loss.
- **The net height should be 2.43m (men's height) for Mixed A league, while 2.24m for Mixed B & C.**
- **Divisions will be assigned after the seeding round.**
- **When playing in the Mixed League:**
  - All Divisions must have a minimum of one (1) player of the opposite gender on the court at all times, and a maximum of four (4) players of the same gender on the court at all times. (i.e. one (1) male and four (4) females. The missing spot cannot be filled by a female player).
  - In the event that a team is **short players** they may play with four (4) players on the court and at least one (1) player of the opposite gender on the floor. **Teams must rotate as if they have 6 players which means that the vacant position (the ghost) must remain empty and in rotation. This means that during a normal rotation there may only be 2 people in the front row. When the ghost is supposed to serve, a point is given to the opposing team and the possession of the serve.**
  - Substitutions are unlimited, but must be made when the ball is dead. Just remember to ALWAYS have at least one (1) player of the opposite gender on the court (if playing with 5 players) and at least two (2) players of the opposite gender on the court (if playing with 6 players).
  - If teams are playing with a Libero, the Libero may count for the minimum gender requirement. At the time when the libero is not on the court, there may be five of one gender instead of the maximum of four, provided the Libero is of the opposite gender. (i.e. If the libero is male, then while the team is serving and the libero is off, there may be five females and one male on the court or vice versa). The team captain must inform the other captain that they are playing with a Libero before the start of the first set.
- The matches shall consist of a best 2 of 3 games. The first two games are to 25 and are capped at 27, while the third game is played to 15 points, with a cap at 20 points. The games are played rally point.
- During Playoffs matches will be played best of 5. Sets will be played to 25, capped at 27, with the 5<sup>th</sup> set to 15, capped at 20.
- No set will start with 10 minutes left of the scheduled playing time. This is at the discretion of the on-site supervisor and the referee.
- Substitutions are unlimited, but must be made when the ball is dead.
- Each team is allowed 1 (30 second) time out per set. Unused timeouts cannot be carried over to the second set of the match.