

## Ball Hockey Rules

Canadian Hockey Association Rules shall be applied whenever possible, unless otherwise indicated.  
Revised July 2019

### General Intramural Sports Regulations:

1. There is no warm up equipment provided.
2. Games that start late will finish on time. Halves will be shortened to accommodate the scheduled end time. There will be no extra time added.
3. Team rosters are to be submitted and completed online by the team captain (individual who registered the team) prior to the players meeting. To complete your roster you will need to know each players UCID number and associated email address. All players who do not have a UCID number must contact Client Services at 403-220-7749 to request a UCID number.
  - a. Input your roster online at <http://www.ucalgary.ca/activeliving/> (Click on your name, drop down to 'My Teams', add email).
4. All players must be added to the roster by the Captain's meeting. Players may be added after at the Coordinator's discretion.
5. All players must complete an online waiver before they are allowed to play. Instructions on how to sign online waivers can be found at <http://www.ucalgary.ca/activeliving/how-to-register> (Click on shopping cart next to name, waivers).
6. If waivers are not signed before league play, those players are taken off of the roster.
7. All players must be prepared to check in with the supervisor for every game with a piece of photo identification.
8. In Competitive Leagues, to be eligible for playoffs a player must have played in at least one regular season game and be on the team roster with an online waiver signed. Teams must meet the Fair Play requirements (3.5 average).
9. Suspended players may not be present during scheduled games, if so, the entire team shall be suspended indefinitely.
10. Any games that end after 30 minutes of scheduled play time will be considered a completed game and will not be rescheduled.
11. Current Intercollegiate are not permitted to play during their season in the same or similar sport.
12. Former professional athletes are not permitted to play.
13. Intramural Sports has a Zero-Tolerance policy for fighting and abuse of staff and other intramural participants. This will be strictly enforced.

For a complete list of policies, see <http://www.ucalgary.ca/activeliving/intramurals/policies-regulations> .

### Defaults:

- A default will occur when a team fails to appear or fails to have the minimum number of players necessary to start the game. Teams will have ten (10) minutes after the scheduled start time to field the minimum number of players needed to start the game, failing to do so will result in a default.
- All defaults will result in a Fairplay rating of zero (0) and -3pts from the standings.
- Defaults will result in the loss of the \$60 Default Bond. A second default may result in removal from the league.
- Teams that give Intramural Sports a minimum of forty-eight (48) hours' notice that they will not be able to field a team will not be charged with a default, the game will be declared a forfeit.

### Playing Rules:

- Each team shall be allowed to dress 12 players including goalie, all players must be listed on the team roster. There is no limit to the number of players a team may list on their roster. Players can only be listed on one team roster.
- Games are played on full court
- There are to be 4 (3 players + goalie) players on the floor
- A team must have 3 (2 players + goalie) players on the floor within 10 minutes of the start of the game time in order to avoid a default. Defaults will be recorded as a 3-0 loss.
- Any defaults will result in the default policy being enforced.
- Games will consist of two (2) twenty 20 minute running time halves - with a 5 minute break between halves. No stoppage of clock unless there is an incident.
- In playoffs there will be stop time only in the last two (2) minutes.
- Each team is allowed 1 (60 second) time out per half. Unused timeouts cannot be carried over to the second half of the game.
- Players are advised to use plastic blades but are allowed to use composite sticks if need be. All tape should be removed from players' blades as well. All players must wear a CSA approved helmet, with a full face shield. No lacrosse masks.
- Goalies may use wood sticks, but they must be taped. Goalies must wear a CSA approved helmet with securely fastened face shield. Goalies may wear ice hockey goalie gear or full equipment.
- Penalties: may be assessed at any time before during or after a game, even when play is not in progress.
  - Minor Penalties are 3 minutes
  - Any player receiving 3 minor penalties in one game shall be ejected from that game and an automatic one game suspension for the following scheduled game.
  - Major Penalties are 7 minutes
  - Any player receiving a major penalty shall be assessed a Game Misconduct penalty as well.
  - Any Misconduct penalty shall be recorded and reviewed. A misconduct penalty in the last 10 minutes or a misconduct penalty associated with a major penalty shall result in a minimum of a one game suspension.
  - Misconduct Penalties can also be assessed for any actions deemed disrespectful of the game, the officials, or the participants.
  - At the sixth (to the eighth) penalty against a single team there will be a penalty shot awarded to the fouled team as well as a power play. If any penalties six through eight are coincidental then no penalty shot will be awarded.
  - The ninth penalty by any team will be considered a forfeit regardless coincidental or not.
  - Standing on the ball will result in a delay of game penalty.
- Face-offs at centre will start with a whistle. The two players shall have their sticks lined up on the ground, behind the ball, before the referee blows his whistle to start the play. All other plays shall start with one team having possession. A player on that team must shoot or pass from where possession was gained. The defensive team must give a 1m buffer (including stick) in order to play the ball. A team may not gain possession in the middle third of the offensive zone (move the ball to the outer third). If possession cannot be determined, it shall go to the defence. The ball must be played within 3 seconds.
- There are no off-sides and no icing.
- In case of injury during a power play, if the injured player is on the penalized team, at least one minute shall remain on the power play from the drop of the ball (referee's discretion), after the injured player is removed from the floor.

- Players may change at any time. During a play, the player leaving the bench must wait until the player leaving the floor is within a reasonable distance so as not to acquire an unreasonable advantage by making the line change. If this does occur, it shall be loss of possession. A 'Too Many Players' penalty should only be called when there are 5 players (including goalie) definitely in the play.
- Goalies may cover the ball anywhere in their half of the court. They are not allowed to retrieve the ball from behind the net. If they do, it will result in a play turnover. The opposition must give the goalie 5 seconds to play the ball with a 1m buffer zone (including stick). A goal will be called back for goaltender interference only when they obstruct the goalies intended movement to stop the ball while within 2 steps of the net. (Effectively making the size of the crease 2 steps). Game restarts with the defending team gaining possession.
  - The goalie may drop the ball behind the goal line and play is live
  - The goalie may play the ball past the centre line, if the ball crosses the line the play will be whistled down and the opposing team will take possession
- Slap shots are NOT allowed. Anytime a player has any part of the stick raised above the height of the player's waist, the play will be blown dead and a change of possession will occur at the site of infraction. This includes backhands to clear the ball, where swinging the stick is fairly common. Making contact with the ball also will be called at the waist.
- If a team plays the ball out of the playing area, the other team shall take possession where the ball went out of play.
- Blocking shots is acceptable.
- No Diving
- Any infractions by one team that stops a play will result in the other team gaining possession of the ball. This includes high sticks, illegal hand passes, penalties, etc.
- Play shall be stopped anytime the ball goes through the goal mesh.
- Hand passes are only allowed in the team's defensive half.
- Coincidental penalties play continues as 3 on 3.
- We reserve the right to invoke the 'Mercy Rule' in the last five (5) minutes of play if there is a difference of seven (7) or more goals between both teams.
- Teams cannot win by more than a difference of 7 goals (ie if the score is 12-2, it will be recorded as 9-2).
- In Playoffs a tie will be decided by a shootout with teams picking three shooters. If nothing is decided after the first three shooters, a new shooter from each team will shoot. No shooter is allowed to shoot more than once.