



Minds in Motion

Activity Rundown:

With spring right around the corner, there has never been a better time to start thinking about your garden. Join Minds in Motion as we create an innovative STEM planter for your favorite household herbs.



You will need:

- A small Planter or pot.
- Potting soil
- twigs/sticks, straw, (optional)
- Eggs (probably two or three depending on the size of your planter.
- Seeds of your favorite herb
- Funnel or piece of paper



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Let's do it!

- 1) Start by gathering all the materials,
- 2) Fill the planter 2 / 3 full of the potting soil.
- 3) Using the straw and twigs build a decorative nest on top of the planter. Make sure there is still access to the dirt since the plants will need that to grow. This step is only for decoration and can be skipped if you wish.



- 4) Wash the outside eggs very well and using the skewer put a small hole on one tip of the egg.
- 5) Turn the egg over, and make a larger hole on the other side of the egg. Use the inside of the egg to make scrambled eggs!
- 6) Turn the egg over and blow in the small hole until the shell is empty, be careful to leave the shell intact. Do this for as many eggs that will fit in one layer on top of your planter.
- 7) Carefully rinse the egg shells out with water.
- 8) Now mix about 1 tablespoon of seeds with enough soil to fill your eggs.
- 9) Using a funnel or a piece of rolled up paper fill your eggs with the soil/seed mixture. shaking the egg slightly to make sure it is packed full.



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- 10) It should look like the picture above!
- 11) Water the soil in the eggs and place them in the planter. Then move the planter into the sun and wait.
- 12) As your plants sprout they will cause the eggs to break open creating the look of plants hatching. The shells will also be used as a great fertilizer for your plants!
 - remember to water your plants!



Resources:

- <https://wilderchild.com/make-exploding-spring-eggs/>

Reach out!



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We would love to hear from you about all the amazing STEM projects you are doing at home! Show us your finished products on any of the following social media platforms by tagging us or by using the following hashtags. We hope these projects have brought some excitement to your day during these difficult times.

Let us know how we did! Please [click here](#) to fill out a short survey on how well we did and what you would like to see more of in the future. Thank you!

Twitter: **@MyMindsInMotion**

Facebook: **@mindsinmotion2014 & @ucactiveliving**

Instagram: **@ucalgaryactive**

Please use the following hashtags!

#ucalgarycamps #ucalgarytogether

We hope you enjoyed our STEM easter activity! Everyone at Minds in Motion would like to wish you and those closest to you a happy holiday!